

# Village Voice

VOL. 20  
ISSUE 2

MONTHLY NEWSLETTER

www.EHLMemoryVillage.com



## Sharing the love!



In January, we received a visit from the Springfield Police Department Community Outreach team. To share our appreciation for them, our residents made "Thank You" cards and spent time chatting with them. Our favorite cards read the following:

*"Thank you for your service."*

*"Don't pull me over!"*

*"Help... never mind, I called 911."*

*"I got my eyes on you."*



## An EHL Rainbow!



Also in January, we were blessed with a double rainbow in our Village!







We love having Karyn Baker come to EHL to sing songs and play her ukelele.



And who can forget Arlo, Karyn's constant companion at EHL!

We have lots of Valentine themed events scheduled for February. You can find them all in our recreation calendar, and some of the highlights are listed here!



**February 12th at 1:30 pm in The Club: Valentine's Day Trivia!**



**February 12th at 2:30 pm in The Club: Making Valentine's Day cards!**



**February 13th from 1 - 3 pm in The Club: Join us for the Sweetheart Party and sing-a-long with Katie Sontag!**

February 2024 Recreation Calendar						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>PEOPLE WILL FORGET WHAT YOU SAID. PEOPLE WILL FORGET WHAT YOU DID. BUT PEOPLE WILL NEVER FORGET HOW YOU MADE THEM FEEL.</p> <p>-Marilyn Angelus</p>						
<p>4 9:30 - Rise &amp; Shine All Homes</p> <p>1:00 - Sunday Spirit &amp; Cascade</p> <p>2:30 - Move to Music &amp; Mt. Hood</p> <p>3:30 - Village Walks</p>	<p>5 9:30 - Rise &amp; Shine All Homes</p> <p>1:00 - Octopus Rhythm Works in The Club (LIMITED SEATING)</p> <p>2:30 - Card Games &amp; Mt. Vernon</p> <p>3:30 - Trivia &amp; Birch</p>	<p>6 9:30 - Rise &amp; Shine All Homes</p> <p>1:30 - Making Mardi Gras Mask in The Club</p> <p>2:30 - Pomper Time &amp; Redwood</p> <p>3:30 - 1 on 1 Time</p>	<p>7 9:30 - Rise &amp; Shine All Homes</p> <p>1:00 - Karyn Baker Play Ukelele &amp; D. Peak</p> <p>2:30 - Reminiscing &amp; Cedar</p> <p>3:30 - Coloring &amp; Aspen</p>	<p>8 9:30 - Rise &amp; Shine All Homes</p> <p>1:30 - Comedy Hour in The Club</p> <p>2:30 - Yachtzee &amp; Willow</p> <p>3:30 - Puzzles &amp; Diamond Peak</p> <p>3:00 - Village Walks</p>	<p>9 9:30 - Rise &amp; Shine All Homes</p> <p>10:00 - Scenic Country Ride w/ Brittany</p> <p>1:30 - Ping Pong in The Club</p> <p>2:00 - Groundhog Day Shadow Craft in Club</p> <p>3:00 - Village Walks</p>	<p>10 9:30 - Rise &amp; Shine All Homes</p> <p>1:00 - Manicures &amp; Pedicures &amp; Redwood</p> <p>3:00 - 1 on 1 Time</p>
<p>11 9:30 - Rise &amp; Shine All Homes</p> <p>1:00 - Sunday Spirit &amp; Birch</p> <p>2:30 - Move to Music &amp; Mt. Vernon</p> <p>3:30 - Village Walks</p>	<p>12 9:30 - Rise &amp; Shine All Homes</p> <p>1:30 - Valentine's Day Trivia in The Club</p> <p>2:30 - Making Valentine's Day Cards in The Club</p> <p>3:30 - 1 on 1 Time</p>	<p>13 9:30 - Rise &amp; Shine All Homes</p> <p>1:00 to 3:00 Sweetheart Party &amp; Sing-Along w/ Katie Sontag in The Club</p>	<p>14 Valentine's Day 9:30 - Rise &amp; Shine All Homes</p> <p>1:00 - "Dad Jokes" &amp; Diamond Peak</p> <p>2:00 - Reminiscing &amp; Mt. Hood</p> <p>3:00 - Coloring &amp; Willow</p>	<p>15 SALON 9:30 - Rise &amp; Shine All Homes</p> <p>1:00 - Yachtzee &amp; Mt. Vernon</p> <p>2:00 - Seated Sports &amp; Aspen</p> <p>3:00 - Pomper Time &amp; Cedar</p>	<p>16 9:30 - Rise &amp; Shine All Homes</p> <p>10:00 - Scenic Country Ride w/ Brittany</p> <p>1:00 - Puzzles &amp; Birch</p> <p>3:00 - Village Walks</p>	<p>17 9:30 - Rise &amp; Shine All Homes</p> <p>1:00 - Manicures &amp; Pedicures &amp; Aspen</p> <p>3:00 - 1 on 1 Time</p>



# WELCOME to our Village!

We are excited to welcome these new residents!



**Nancy "Lloyde" Karpen**

Lloyde is a quiet and reserved lady, but once you get to know her, she is very caring and polite. She likes heartfelt conversations and has a sweet smile that can melt your heart. She loves nature and animals, especially cats. She also enjoys playing card games such as Solitaire and used to play the piano when she was younger.



**Gaynell Delamarter**



Gaynell is a sweet and soft-spoken lady who enjoys reading her Bible and watching shows such as Jeopardy and Wheel of Fortune. She used to be a billing clerk and sang in choirs when she was younger. She also played piano for most of her life. She loves her family very much, and whenever she sees her husband, her eyes light up and she always says, "Well hello there handsome!".



## ElderHealth & Living's

Please feel free to call the main office at **541-747-4858** if you have any questions about our support groups.

## Support Group



### Location:

The Club at ElderHealth & Living  
382-B S. 58th Street  
Springfield, OR 97478

### Support Group Schedule:

1st Monday of every month  
5:00 - 6:00 pm

Mar. 4th &  
Apr. 1st

3rd Tuesday of every month  
12:30 - 1:30 pm

Feb. 20th,  
Mar. 19th, &  
Apr. 16th

A small group of caring people,  
sharing a similar journey.



**We are excited to announce that we selected ALL OF OUR AMAZING STAFF as our employees of the month for February!**



There is absolutely no way we could feature just one employee for Employee of the Month in February... Instead, we would like to take this opportunity to thank each and every one of our 108 employees who worked together to handle the Ice Storm in January. From the staff who stayed overnight during the worst of the storm, to the staff who cleared the fallen limbs once the ice melted - and everyone who braved the elements to come to work during this time. We are thankful for each and every one of you!



*Did you see someone here in the Village going above and beyond?  
**Tell us all about it!***



If you want to give a shout out to one of our staff, please send an email to our HR Coordinator Marianne at:  
[mcarothers@elderhealthandliving.com](mailto:mcarothers@elderhealthandliving.com)

*We will share it with our staff and it may be featured in future newsletters!*



# In Remembrance

## Winifred Yarbrough



Winifred enjoyed telling stories, teaching the staff how to dance, and helping them with cooking. She had a sweet laugh and a great sense of humor. She will be greatly missed here at EHL.

## Phyllis Northcutt

Phyllis was a very sweet lady who enjoyed sleeping in and drinking coffee. When she got up, she always had so much energy. She grew up on a farm and loved all animals, including our house cat, Dolly, who would cuddle next to her in bed.



## Janet Gajewski-Downs

Janet was a sweet and sassy lady who loved her cat, Dolly, very much. She enjoyed drinking hot coffee, listening to R&B music, and going on walks. She was a nurse and always cared about others, even offering staff and residents food.



**Check out the Dress Up Days for the rest of 2024!**

**Wednesday, February 14th: Wear **Pink & Red** Day!**



**Friday, April 12th: Superheros Day!**



**Friday, May 17th: Back to the 80's Day!**



**July 3rd & 4th: Wear **RED, WHITE & BLUE** Days!**



**Friday, August 9th: Hawaiian Shirt Day!**



**Thursday, October 31st: Halloween!**



**Friday, November 15th: Fall Colors Day!**



**Week of December 16 - 20: Holiday Spirit Week!**

## Marianne's Memo:



Find us on:  
**facebook**





# February 2024 Recreation Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>PEOPLE WILL FORGET WHAT YOU SAID. PEOPLE WILL FORGET WHAT YOU DID. BUT PEOPLE WILL NEVER FORGET HOW YOU MADE THEM <b>FEEL.</b></p> <p>- Maya Angelou</p>				<p><b>1 SALON</b> 9:30 - Rise &amp; Shine All Homes 1:00 - Reminiscing @ Cascade 2:00 - Playing Cards @ Diamond Peak 3:00 - Village Walks</p>	<p><b>2 Groundhog Day</b> 9:30 - Rise &amp; Shine All Homes 10:00 - Scenic Country Ride w/ Brittany 1:00 - Afternoon Puzzles @ Birch 2:00 - Groundhog Day Shadow Craft in Club</p>	<p><b>3</b> 9:30 - Rise &amp; Shine All Homes 1:00 - Manicures &amp; Pedicures @ Willow 3:00 - 1 on 1 Time</p>
<p><b>4</b> 9:30 - Rise &amp; Shine All Homes 1:00 - Sunday Spirit @ Cascade 2:30 - Move to Music @ Mt. Hood 3:30 - Village Walks</p>	<p><b>5</b> 9:30 - Rise &amp; Shine All Homes 1:00 - Octopus Rhythm Works in The Club (LIMITED SEATS) 2:30 - Card Games @ Mt. Vernon 3:30 - Trivia @ Birch</p>	<p><b>6</b> 9:30 - Rise &amp; Shine All Homes 1:30 - Making Mardi Gras Mask in The Club 2:30 - Pamper Time @ Redwood 3:30 - 1 on 1 Time</p>	<p><b>7</b> 9:30 - Rise &amp; Shine All Homes 1:00 - Karyn Baker Play Ukelele @ D. Peak 2:30 - Reminiscing @ Cedar 3:30 - Coloring @ Aspen</p>	<p><b>8</b> 9:30 - Rise &amp; Shine All Homes 1:30 - Comedy Hour in The Club 2:30 - Yahtzee @ Willow 3:30 - Puzzles @ Diamond Peak</p>	<p><b>9</b> 9:30 - Rise &amp; Shine All Homes 10:00 - Scenic Country Ride w/ Brittany 1:30 - Ping Pong in The Club 3:00 - Village Walks</p>	<p><b>10</b> 9:30 - Rise &amp; Shine All Homes 1:00 - Manicures &amp; Pedicures @ Redwood 3:00 - 1 on 1 Time</p>
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<b>18</b> 9:30 - Rise & Shine All Homes  1:00 - Sunday Spirit @ Mt. Vernon  2:30 - Move to Music @ Redwood  3:30 - Village Walks	<b>19 Presidents Day</b> 9:30 - Rise & Shine All Homes  <b>1:30 - Karaoke in            The Club</b>  3:00 - Reminiscing @ Mt. Vernon	<b>20</b> 9:30 - Rise & Shine All Homes  1:00 - Card games @ Willow  <b>2:30 - Bingo in            The Club</b>  3:30 - 1 on 1 Time	<b>21</b> 9:30 - Rise & Shine All Homes  1:00 - Foosball @ Diamond Peak  2:00 - Seated Sports @ Mt. Hood  3:00 - Pamper @ Birch	<b>22</b> 9:30 - Rise & Shine All Homes  <b>1:30 - "Paint &amp; Sip"            w/ Patty in The Club</b>  3:30 - Word Searches @ Mt. Vernon	<b>23</b> 9:30 - Rise & Shine All Homes <b>10:00 - Scenic Country            Ride w/ Brittany</b> <b>1:30 - Card Games in            The Club</b> 2:30 - Move to Music @ Mt. Hood 3:30 - Village Walks	<b>24</b> 9:30 - Rise & Shine All Homes  1:00 - Manicures & Pedicures @ Cascade  3:00 - 1 on 1 Time
<b>25</b> 9:30 - Rise & Shine All Homes  1:00 - Sunday Spirit @ Aspen  2:30 - Move to Music @ Willow  3:30 - Village Walks	<b>26</b> 9:30 - Rise & Shine All Homes  <b>1:30 - Social Hour in            The Club</b>  2:30 - Crossword Puzzles @ D. Peak  3:30 - Matching Games @ Birch	<b>27</b> 9:30 - Rise & Shine All Homes  <b>1:30 - "Love is in The            Air" Family Feud in            The Club</b>  2:30 - Word Searches @ Birch  3:30 - 1 on 1 Time	<b>28</b> 9:30 - Rise & Shine All Homes  1:00 - Baking Club @ Willow  3:00 - Village Walks	<b>29 SALON</b> 9:30 - Rise & Shine All Homes  <b>1:30 - Sensory Time in            The Club</b>  3:00 - Move to Music @ Cascade		

## ONE-ON-ONES & LATE DAY ACTIVITIES:

Walks, Exercise, Arts and Crafts, Music,  
 Conversation, Reading and Games.