

Santa was played by Michael from our Recreation Department!



Even the office staff got a visit from Santa!

Shari Kroh, our Lead Direct Care Staff at Diamond Peak, was kind enough to gift this foosball table to her guys in the home. We imagine there will be hours of fun playing with this gift!

#### Thank you so much, Shari!



THE

# We are excited to welcome these new residents!



#### Leone Miller

When Leone was younger, she used to be a grade school teacher. She is a very sweet and helpful lady with a good sense of humor. Some of her interests include attending church, teaching choir, and taking walks. She also loves her bible, friends, and the house dog, Moges.



Phyllis is a sweet and sassy lady who enjoys spending time with others. She grew up on a farm and loves all kinds of animals. She was a home maker and worked many jobs over the years.

#### Jordan Ross

Jordan is very sweet, very smart, and very funny. He loved to kayak and run marathons. He had a career in podiatry, taking on the role of Podiatrist. Currently, he loves conversing with his roommate. You will often find them taking walks around house.





## ElderHealth & Living's Support Group

Please feel free to call the main office at 541-747-4858 if you have any questions about our support groups.

Support Group Schedule:

1st Monday of every month 5:00 - 6:00 pm



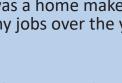
The Club at ElderHealth & Living 382-B S. 58th Street Springfield, OR 97478

3rd Tuesday of every month Jan. 16th & 12:30 - 1:30 pm Feb. 20th

A small group of caring people, sharing a similar journey.

Location:





## We are excited to announce that Mary Massengill is our employee of the month for January!

Mary is one of our Direct Care Staff and has been with EHL since May of 2006.

Check out what she shared with us below!

Congratulations, Mary!

We love having you here in

What is your favorite part about working at EHL? The residents - knowing that we are doing our best to bring joy and happiness to their lives.

**How would you describe your job?** Willing to be a team player, helping wherever is needed. My main goal is to make the house a home for our residents.

How to you like to spend your free time? I love playing Bingo at the casino, and spending quality time with my family is important to me.

Is there anything else you would like to share? I am a mother of five, grandmother of soon to be three, and I have two pugs, Arlo & Ozzy!

**Do you have any words of wisdom or a favorite quote?** Always do your best. Never give up!

Shout

Outs!

Did you see someone here in the Village going above and beyond? **Tell us all about it!** 

> If you want to give a shout out to one of our staff, please send an email to our HR Coordinator Marianne at:

mcarothers@elderhealthandliving.com.

We will share it with our staff and it may be featured in future newsletters!

#### In Remembrance



#### Carrie "Jo" Turner



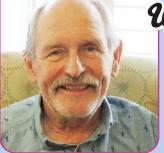
Jo was a sweet, caring, and funny lady who had a good sense of humor. She enjoyed listening to country movie and making people laugh. She loved John Wayne, chocolate donuts, animals, and especially her family.

#### Bente Hierholzer

Bente was a very well educated and sweet lady. She loved flowers, and her husband would often have them delivered to her, along with the newspaper. She was known in the Birch house as "Miss New York" because she loved her lipstick and reading the New York Times.



#### William "Bill" Specht



Bill was an incredibly kind and loving man who enjoyed dancing with the staff to music and laughing at comics in the newspaper. He had many interests including music by Led Zeppelin, education, and mountain climbing. He also enjoyed playing the violin, reading, and taking walks outside. He was a math professor and computer programmer at Chicago University.



#### Teddy Stewart

Teddy was a very sweet man with a kind smile. He gave great hugs. He enjoyed taking walks and dancing with staff in the home. He was a big fan of our house dog, Carly.











### **January 2024 Recreation Calendar**

A REAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1		1	2	3	4	5	6
		9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Ping Pong in The Club	9:30 - Rise & Shine All Homes
		10:00 - Scenic Van Ride <u>Cascade &amp; Cedar</u>	10:00 - Scenic Van Ride <u>Diamond Peak &amp; Birch</u>	10:00 - Scenic Van Ride Mt. Vernon & Aspen	10:00 - Scenic Van Ride <u>Willow &amp; Redwood</u>	10:00 - Scenic Van Ride <u>Mt. Hood</u>	
		New years Day	1:00 - Coloring @ Cascade 2:00 - Move to Music @ Aspen 3:00 - Nails @ Willow	1:30 - Karyn Baker Playing Ukelele in The Club 3:00 - Afternoon Walks	1:30 - Trivia in The Club 3:30 - 1 on 1 time	1:30 - Thank You Cards for Law Enforcement 3:00 - Village Walks	1:00 - Puzzles @ Birch 2:00 - Trivia @ Aspen 3:00 - Coloring @ Willow
•	7	8	9	10	11	12	13
	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	
		10:00 - Scenic Van Ride <u>Cascade &amp; Cedar</u>	10:00 - Scenic Van Ride <u>Diamond Peak &amp; Birch</u>	10:00 - Scenic Van Ride <u>Mt. Vernon &amp; Aspen</u>	10:00 - Scenic Van Ride <u>Willow &amp; Redwood</u>	10:00 - Scenic Van Ride <u>Mt. Hood</u>	NO REC STAFF
	1:00 - Sunday Spirit @ Diamond Peak 2:00 - Move to Music @ Mt. Hood 3:00 - Puzzles @ Vernon	1:00 - Octopus Rhythm Works in The Club <i>(LIMITED SEATS)</i> 2:30 - Trivia @ Cedar	1:30 - Bingo in the club (Springfield Police comes) 3:30 - Trivia @ Peak BONGO	1:30 - Seated Sports @ Mt. Vernon 2:30 - Nails @ Redwood 3:30 - Village Walks	1:00 - Jokes @ Birch 2:00 - Making Collages in The Club 3:30 - 1 on 1 time	1:30 - Trivia in The Club 3:00 - "Dad Jokes" @ Diamond Peak	LA NET
	14	15	16	17	18 SALON	19	20
	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes
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•	1:00 - Sunday Spirit @ Birch 2:00 - Move to music @ Cascade 3:00 - Puzzles @ Cedar	1:30 - Making Wreaths in The Club 3:30 - Village Walks	1:00 - Golf in the Park 2:00 - Seated Sports in The Club 3:00 - 1 on 1 time	1:00 - Foosball @ Peak 2:00 - Trivia @ Vernon 3:00 - Puzzles @ Aspen	1:00 - Golf in The Park 2:00 - Reminiscing @ Cascade 3:00 - Village Walks	1:00 - "Man-per @ Peak 2:00 "Man-per" @ Hood 3:00 - 1 on 1 time	1:00 - Puzzles @ Redwood 2:00 - Trivia @ Willow 3:00 - Coloring @ Birch

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	21	22	23	24	25	26	27
•	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	
	5515	10:00 - Scenic Van Ride <u>Cascade &amp; Cedar</u>	10:00 - Scenic Van Ride <u>Diamond Peak &amp; Birch</u>	10:00 - Scenic Van Ride <u>Mt. Vernon &amp; Aspen</u>	10:00 - Scenic Van Ride <u>Willow &amp; Redwood</u>	10:00 - Scenic Van Ride <u>Mt. Hood</u>	NO R <del>C</del> C STAFF
•	1:00 - Sunday Spirit @ Mt. Vernon 2:00 - Move to Music @ Mt. Hood 3:00 - Puzzles @ Peak	1:30 - Sponge Painting in The Club 3:00 - Reminiscing @ Willow	1:30 - Coffee & Pie in The Club for National Pie Day 3:30 - Village Walks	1:30 - Seated Sports @ Redwood 2:30 - Nails @ Cedar 3:30 - Village Walks	1:30 - Group Painting "Art Project" In The Club	1:30 - Ping Pong in Yhe Club 3:30- 1 on 1 time	
•	28	29	30	31	National Days This Month: 🚁 🕺		
	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	9:30 - Rise & Shine All Homes	January 4th - National trivia day		
	1:00 - Sunday Spirit @ Aspen 2:00 - Move to Music @ Willow 3:00 - Puzzles @ Birch Diamond Peak	10:00 - Scenic Van Ride Cascade & Cedar 1:30 - Puzzles In The Club 3:00 - "Dad Jokes" at Birch	10:00 - Scenic Van Ride <u>Diamond Peak &amp; Birch</u> 1:30 - Singalong in The Club with Katie Sontag 3:00 - Village Walks	10:00 - Scenic Van Ride Mt. Vernon & Aspen 1:00 - Foosball @ Diamond Peak 2:00 - Trivia @ Cedar 3:00 - Puzzles @ Aspen	JANUARY 9TH - LAW ENFORCEMENT APPRECIATION DAY		
					January 23rd - National Pie Day		
					January 29th - National Puzzle Day		
					January 31st - National	ь нот сносоlate day	

#### One-on-Ones and Late Day Activities include: walks, exercise, arts and crafts, music,

conversation, reading and games