

# Village Voice

VOL. 19  
ISSUE 12

MONTHLY NEWSLETTER

[www.EHLMemoryVillage.com](http://www.EHLMemoryVillage.com)

## Our Year!

We are so pleased to share a look back over this last year through these wonderful memories! And we also want to take this time to wish you and your family a wonderful holiday season!

**February:** We held our annual Sweetheart Party!



**April:** We celebrated St. Patrick's Day in style!



**May:** We had... ice cream with FRIENDS





**June:** We welcomed Octopus Rhythm Works to our Village!



**July:** We had so much fun celebrating 4th of July!



**August:** We had a Luau Party and it was a huge success!



**September:** We thanked our firefighters for their hard work!







**September:** We held a Harvest Party!



**Fall Fun**



**October:** We had fun for Halloween with a Trunk or Treat event!



**SCARY**



**BOO!**

**November:** We participated in the

Some of us walked and some ran! We plan on making this an EHL tradition going forward!

**Run to stay Warm**

<https://runtostaywarm.com>



**Don, Carma, and Dany**

Our very own Carma, NP with family!



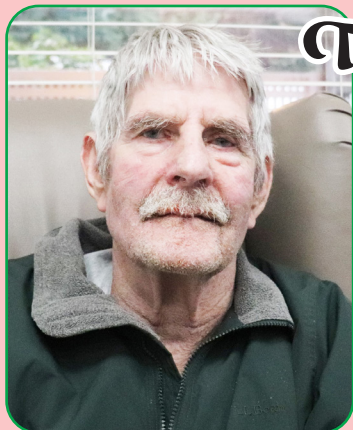
**Juli and Dawn**

Our Admin Assistant Juli with Dawn, NP!



# WELCOME to our Village!

We are excited to welcome these new residents!



**Teddy Stewart**

Teddy is a very sweet man who enjoys taking walks and dancing with staff in the home. He enjoys eating all types of food. He also loves the home dog, Carly, very much.



**Silvia Wesolowski**

Silvia is a very sweet and soft-spoken person who enjoys reading magazines, watching movies, and visiting with her house mates. She had farm animals growing up and loves cats and dogs. One person she loves and cherishes very much is her daughter.



We are excited to announce that **Hugo Carrillo** is our employee of the month for December!



Hugo is one of our Maintenance Workers and has been with EHL since March of 2019. Check out what he shared with us below!



**Congratulations, Hugo!**  
**We love having you here in our Village!**



**What is your favorite part about working at EHL?**

Going to the houses every morning and visiting with the residents to make them laugh and let them know they are family to us.

**How would you describe your job?**

My job is to fix what needs to be fixed, including medical equipment and appliances. I also install safety equipment for our residents.

**How do you like to spend your free time?**

I like biking and hiking. I love biking with my granddaughter.

**Is there anything else you would like to share?**

I feel blessed to have a wonderful family.

**Do you have any words of wisdom or a favorite quote?**

Never give up on your hopes or dreams. You can accomplish anything you set your heart and mind to.



**Hugo with his grandson.**



# Living with Memory Loss

Living with Memory Loss is a 10-week educational series that we sponsor and help facilitate. Each session features a local professional offering information about memory loss and the community support services available.

To register, please call Willow Cordain at 541-852-3311

or visit our website at:

[www.elderhealthandliving.com/living-with-memory-loss](http://www.elderhealthandliving.com/living-with-memory-loss)



## Dates & Times:

January 9th - March 12th, 2024

Tuesdays from 10 am to 12 pm

## Location:

Waterford Grand  
600 Waterford Way  
Eugene, OR 97401



Living with  
Memory  
Loss Series

Willow Care  
Senior-Living Guidance

Waterford Grand  
Assisted Living Memory Care

Sponsored by:



## ElderHealth & Living's Support Group



Please feel free to call the main office at 541-747-4858 if you have any questions about our support groups.

### Support Group Schedule:

1st Monday of every month  
5:00 - 6:00 pm

3rd Tuesday of every month  
12:30 - 1:30 pm

Cancelled on  
Jan. 1st due to  
holiday!

### Location:

The Club at ElderHealth & Living  
382-B S. 58th Street  
Springfield, OR 97478

Dec. 19th &  
Jan. 16th

A small group of caring people,  
sharing a similar journey.





# In Remembrance

## Margaret Rounds

Margaret was very caring of others and always knew what she wanted. She also enjoyed having conversations with staff. Her fondest memories were of her daughter and husband.

## Diane Downey

Diane was a very sweet and intelligent lady who had a great sense of humor.

She loved deviled eggs and cats. She also enjoyed learning about history and singing to the music in the home.

## Clarisse Heinhorst

Clarisse was a very bubbly and happy person who enjoyed laughing. She also enjoyed watching all sorts of movies. She was very passionate about animals, and especially loved both the pet cat and dog in the home. She was a scientist and taught chemistry at the University of Oregon.

## Howard Mattoon

Howard was an army veteran who joined the EHL village fairly recently. His family was his life and very important to him, especially looking after his sweet wife, Mable, who also lives here. They recently celebrated their 75th wedding anniversary. He will be deeply missed by all who knew him.

## December Spirit Dress Up Days

<b>Monday, Dec. 18th</b> <b>Holiday Characters</b> 	<b>Tuesday, Dec. 19th</b> <b>Holiday Accessories</b> 	<b>Wednesday, Dec. 20th</b> <b>Favorite Flannel</b> 	<b>Thursday, Dec. 21st</b> <b>Ugly Sweaters</b> 	<b>Friday, Dec. 22nd</b> <b>Red &amp; Green Day!</b> 
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## Marianne's Memo:

I hope you all have a very wonderful holiday season and cheers to a healthy and happy new year!



Find us on:  
**facebook®**

**ELDER HEALTH  
& LIVING**  
MEMORY VILLAGE



# December 2023 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 9:30 - Rise & Shine  10:00 - Scenic Van Ride <u>Mt. Hood</u>  1:30 - Hot Cocoa & Coffee Social in the Club 	<b>2</b> 9:30 - Rise & Shine All Homes  1:30 - Pamper Day @ Willow & Redwood
<b>3</b> 9:30 - Rise & Shine All Homes  1:00 - Sunday Spirit @ Diamond Peak 	<b>4</b> 9:30 - Rise & Shine All Homes  10:00 - Scenic Van Ride <u>Cascade &amp; Cedar</u>  1:30 - Hangman & Yahtzee in the club	<b>5</b> 9:30 - Rise & Shine All Homes  10:00 - Scenic Van Ride <u>Diamond Peak &amp; Birch</u>  1:30 - Singalong in club with Katie Sontag	<b>6</b> 9:30 - Rise & Shine All Homes  10:00 - Scenic Van Ride <u>Mt. Vernon &amp; Aspen</u>  1:30 - Trivia @ Mt. Vernon	<b>7 SALON</b> 9:30 - Rise & Shine All Homes  10:00 - Scenic Van Ride <u>Willow &amp; Redwood</u>  Afternoon 1:1's	<b>8</b> 9:30 - Rise & Shine All Homes  10:00 - Scenic Van Ride <u>Mt. Hood</u>  1:30 - Making "Santa's" in the Club	<b>9</b> 9:30 - Rise & Shine All Homes  1:30 - Men's group @ Diamond Peak 
<b>10</b> 9:30 - Rise & Shine All Homes  1:00 - Sunday Spirit @ Birch 	<b>11</b> 9:30 - Rise & Shine All Homes  10:00 - Scenic Van Ride <u>Cascade &amp; Cedar</u>  1:00 - Octopus Rhythm Works in the Club (LIMITED SEATS)	<b>12</b> 9:30 - Rise & Shine All Homes  10:00 - Scenic Van Ride <u>Diamond Peak &amp; Birch</u>  1:30 - Painting Christmas Ornaments in the Club	<b>13</b> 9:30 - Rise & Shine All Homes  10:00 - Scenic Van Ride <u>Mt. Vernon &amp; Aspen</u>  1:30 - Trivia @ Diamond Peak	<b>14</b> 9:30 - Rise & Shine All Homes  10:00 - Scenic Van Ride <u>Willow &amp; Redwood</u>  Afternoon 1:1's  5:30 - Christmas Light Ride—RSVP REQUIRED	<b>15</b> 9:30 - Rise & Shine All Homes  10:00 - Scenic Van Ride <u>Mt. Hood</u>  1:30 - Bingo in the Club	<b>16</b> 9:30 - Rise & Shine All Homes  1:30 - Pamper Day @ Aspen & Birch 



# December 2023 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> 9:30 - Rise & Shine All Homes  1:00 - Sunday Spirit @ Willow	<b>18</b> 10:00 - Scenic Van Ride <u>Cascade &amp; Cedar</u> 1:30 - December Trivia in the Club  <b>Dress Up Days</b> Holiday Characters 	<b>19</b> 10:00 - Scenic Van Ride <u>Diamond Peak &amp; Birch</u> 1:30 - Ping Pong in the Club 5:30 - Christmas Light Ride (LIMITED SEATS)  <b>Dress Up Days</b> Holiday Accessories 	<b>20</b> 10:00 - Scenic Van Ride <u>Mt. Vernon &amp; Aspen</u> Afternoon Walks & 1:1s  <b>Dress Up Days</b> Favorite Flannel 	<b>21 SALON</b> 10:00 - Scenic Van Ride <u>Willow &amp; Redwood</u> 1:30 - Making Christmas Cookies in the homes  <b>Dress Up Days</b> Ugly Sweaters 	<b>22</b> 10:00 - Scenic Van Ride <u>Mt. Hood</u> 1:30 - Making Christmas Cookies in the Club  <b>Dress Up Days</b> Red & Green Day 	<b>23</b> 9:30 - Rise & Shine All Homes  1:30 - Coffee Social with the ladies @ Cedar 
<b>24</b> 9:30 - Rise & Shine All Homes  1:00 - Sunday Spirit @ Mt. Vernon  <b>CHRISTMAS EVE</b>	<b>25</b> 	<b>26</b> 9:30 - Rise & Shine All Homes  10:00 - Scenic Van Ride <u>Diamond Peak &amp; Birch</u>  1:30 - New Years Crafts in the Club	<b>27</b> 9:30 - Rise & Shine All Homes  10:00 - Scenic Van Ride <u>Mt. Vernon &amp; Aspen</u>  1:30 - Bingo in the Club	<b>28</b> 9:30 - Rise & Shine All Homes  10:00 - Scenic Van Ride <u>Willow &amp; Redwood</u>  1:30 - Coffee & Hot Cocoa Social in the Club 	<b>29</b> 9:30 - Rise & Shine All Homes  10:00 - Scenic Van Ride <u>Mt. Hood</u>  Afternoon Walks & 1:1s	<b>30</b> 9:30 - Rise & Shine All Homes  1:30 - Men's group @ Aspen & Birch
<b>31</b> 9:30 - Rise & Shine All Homes  1:00 - Sunday Spirit @ Cascade  <b>NEW YEARS EVE</b>	 <div> <b>One on Ones &amp; late day activities include:</b>            Walks, exercise, arts &amp; crafts, music, conversation, reading and games.         </div>					