ELDERHEALTH & LIVING

www.EHLMemoryVillage.com

November is a month for giving thanks. For this edition of our newsletter we asked our residents and employees what they were most thankful for.





Juli - Admin<u>Assistant</u>

...for my husband, my four kids, my dog Stani, art, music, the great outdoors, and good health!







...for my recreation team! They are amazing and I am very thankful to be their supervisor! ...for my husband – he is my best friend.

> ...for my furry children! Our 2 dogs, 1 cat, 4 chickens & recently new family member, Miss Dottie!

Annie - Communications Coordinator

...for all the people I work with! Every time I go into one of our homes, I see people who are being so gentle and attentive to the needs of our folks. It really fills my heart with love and respect for everyone whether they live or work here.

Kim - Driver

...for my cat Jasper and my dogs Missy and Sassy. Also thankful for my adventure buddy - my mom.



Nicole K. - RC at Redwood ...for my cat, Oreo. He is a huge bundle of joy but will also keep you on your toes!





Jessie - Direct Care Staff

...for my wonderful husband!



Robbie -Maintenance Coord.



...for my best friend and amazing wife. She's given me the best ten years of my life.

Nikkole - Food & Supply Lead

...for being able to travel and explore new, beautiful places and to do new fun things with my kids and husband!





We are excited to welcome these new residents!



Vernon used to work as a wholesale lumber salesman for around 20 years and enjoyed playing golf. He is a quiet, but very friendly and outgoing guy once you get to know him. He enjoys watching sports as well as nature outings and visits from his son.

Marilyn Pinkerton

Marilyn is a kind and compassionate person who enjoys socializing with others. She also enjoys spending her time in nature, solving puzzles, and watching comedy and gameshows on the television.



We are excited to announce that Lynzee Anderson is our employee of the month for November!



Lynzee is one of our Recreation Assistants and has been with EHL since April of 2023. Check out what she shared with us below!

Congratulations, Lynzee! We love having you here in our Village!

What is your favorite part about working at EHL? All the residents - making them laugh, spending time with them, and bringing a smile to their faces.

How would you describe your job? This job is the most rewarding and fulfilling job I have ever had!

How to you like to spend your free time? I love every minute I get to spend with my boyfriend, Aaron. I am an avid gamer and I am absolutely obsessed with true crime documentaries.

Do you have any words of wisdom or a favorite quote? "A day wihout laughter is a day wasted." - Charlie Chaplin







Lynzee with our residents



In October, our EHL crew was at the Eugene 2023 Walk to End Alzheimer's to help raise money for research. We had a lot of fun and want to say thank you to all who donated! With everyone's support, we were able to raise \$2,400 for the Alzheimer's Association!





Shout Out to Brittany Imes, our Recreation Coordinator, for organizing this year's walk!

ElderHealth & Living's Support Group

Please feel free to call the main office at 541-747-4858 if you have any questions about our support groups.

Dec. 4th

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Support Group Schedule:

1st Monday of every month 5:00 - 6:00 pm The Club at ElderHealth & Living 382-B S. 58th Street

3rd Tuesday of every month 12:30 - 1:30 pm

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Location:

Springfield, OR 97478

In Remembrance

Thomas "Frank" Bedortha

Frank was a one-of-a-kind person who was always smiling. He enjoyed gardening, socializing with others, and watching television. He had a great sense of humor who loved to sing and tell jokes.

Donald "Don" Lawson

Don was with us for only a short time, but he made a positive impact on us all. He was like a loving teddy bear with a big heart. He had a passion for hunting and fishing.



Sandra "Sandy" Hoefer

Sandy was a librarian who enjoyed reading when she was younger. She was creative, kind, and had a sweet smile that could make anyone's day. She will be dearly missed by all of us.

Marianne's Memo:

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I am thankful for my husband, Ryan, who brings so much joy and laughter to my life. I am thankful for our furry family members - our dog Daisy and many cats! And I am also thankful to live next door to my parent's on the family farm I grew up on... and because I live and help out on the farm, I am thankful for good mud boots!





• November 17th:

FALL COLORS DAY

• December 18-22:

HOLIDAY SPIRIT WEEK







Residents enjoyed artwork delivered to us from the Thurston Elementary School students!



Our staff always have the most fun dressing up for Halloween! We had dinosaurs in the main office, a bunch of Barbies and a Ken in the Health Center, a KFC duo in Food & Supply, and our Recreation Department dressed up as the Wizard of Oz crew - including the yellow brick road!



Movember 2023 Recreation Calendar

-	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
X	"There iz	always some thankful for!	thing to be	1 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Mt. Vernon & Aspen</u> 1:30 - Games in the houses	2 SALON 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride Willow & Redwood Afternoon Walks & 1:1s	3 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Mt. Hood</u> 1:30 - Making Leaf Wreaths In the club!	4 In-Home Activities No Rec Staff
	5 Daylight Savings Time Ends! 1:00 - Sunday Spirit Birch	6 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Cascade & Cedar</u> 1:30 - Making "Oreo Turkeys" In the club	7 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Diamond Peak & Birch</u> 1:30 - Singalong in club with Katie Sontag!	8 9:30 - Rise & Shine All homes 10:00 - Scenic Van Ride <u>Mt. Vernon & Aspen</u> 1:30 - Trivia @ Cedar	9 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Willow & Redwood</u> Afternoon Walks & 1:1s	10 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Mt. Hood</u> 1:30 - Fingerpainting in the club	11 Veferan's Day
	12 9:30 - Rise & Shine All Homes 1:00 - Sunday Spirit Cascade	 13 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Cascade & Cedar</u> 1:00 - Octopus Rhythm Works in the club (<i>LIMITED SEATS</i>) 	14 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride Diamond Peak & Birch 1:30 - Thanksgiving Trivia in the club	 15 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Mt. Vernon & Aspen</u> 1:30 - Lemonade Party @ Diamond Peak 	 16 SALON 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride Willow & Redwood 1:30 - Trivia @ Birch 	 17 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Mt. Hood</u> 1:30 - Ping Pong in the club 	18 In-Home Activities No Rec Staff

Kovember 2023 Recreation Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19 9:30 - Rise & Shine All Homes 1:00 - Sunday Spirit Willow	20 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Cascade & Cedar</u> 1:30 - Bingo in the club	21 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride Diamond Peak & Birch 1:30 - Yahtzee @ Willow	22 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Mt. Vernon & Aspen</u> Afternoon Walks & 1:1s	23 Thanksgiving	24 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Mt. Hood</u> Afternoon Walks & 1:1s	25 In-Home Activities No Rec Staff
26 9:30 - Rise & Shine All Homes 1:00 - Sunday Spirit Aspen	27 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Cascade & Cedar</u> Afternoon Walks & 1:1s	28 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride Diamond Peak & Birch 1:30 - Making "Turkeys" Arts & Crafts in the club!	29 9:30 - Rise & Shine All Homes 10:00-Scenic Van Ride <u>Mt. Vernon & Aspen</u> 1:30 - Ping Pong in the club	30SALON9:30 - Rise & ShineAll Homes10:00 - Scenic Van RideWillow & Redwood1:30 - Yahtzee@ Aspen		

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One-on-Ones and Late Day Activities Include:

Walks, exercises, arts and crafts, music, conversations, reading and games.