



We love our pets at EHL!

Our Staffing Coordinator, Vanesa, has a 160-lb Cane Corso dog named Gotti. He occasionally comes to visit EHL and as you can see here with our resident Mary, he is the most gentle giant!

> A family member submitted this photo of Mickey the cat from Willow with the after a big meal!"

Charlie, the dog of our Redwood resident, gets some scratches!

We are excited to welcome these new residents!





Jackie used to work as a Recreation Coordinator when she was younger. She loves all animals, especially her cat, Dewy. She has a great sense of humor and is very caring to everyone in the home.



Roxanne Stapleton

Roxanne enjoys many creative activities such as crafts, as well as watching TV. She enjoys helping others and is a very good companion to all her housemates.





Francine Rhule

Francine enjoys the outdoors and being in nature. She loves all types of animals and Elvis Presley! She values her two sons and especially adores her husband, who was a logger.



ROFL

Mary Contrary

Mary used to be a Park Ranger and has a love for the outdoors. She loves her two cats very much. She enjoys joking around with the staff about the Cedar chickens!

Catherine Broadwell

Catherine is a firecracker! She loves her dog, Charlie, very much. She enjoys outdoor activities such as taking walks to The Park and loves shows like Law & Order.







ElderHealth & Living's Support Group

Please feel free to call the main office at 541-747-4858

if you have any questions about our support groups.

Support Group Schedule:

1st Monday of every month 5:00 - 6:00 pm Mov.6th

3rd Tuesday of every month 12:30 - 1:30 pm

& Nov. 2150 Location:

> The Club at ElderHealth & Living 382-B S. 58th Street Springfield, OR 97478



In Remembrance

Callie Black

Callie enjoyed talking about the foods she liked to cook, especially okra, chicken, and dumplings. She was a wonderful artist who loved arts and coloring. She will be dearly missed.

Robert "Bob" Gardner

Bob was a hardworking man who previously worked in the lumber industry. He enjoyed activities such as hunting and fishing. He was also very caring to the staff in the home.

We are excited to announce that Shari Kroh is our employee of the month for October!

Shari started with EHL in October of 2022 as Direct Care Staff. She was promoted to the Lead Direct Care Staff position in Diamond Peak just last month!

Residents, their families, and EHL staff all agree that we are so very lucky to have Shari on our team!



Marianne's Memo:

I just wanted to take a quick moment to let everyone who reads this newsletter know that it is always my goal to get it done by the first of the month... but good things take time!! I often find that my time gets eaten away by tasks like payroll, benefits, and lots of other HR things. I sure do appreciate everyone's patience!

Marianne



FUTURE DRESS UP DAYS!



CTORER 2023 Recreation Calendar

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|---|---|---|--|--|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 1 9:30 - Rise & Shine | 2 9:30 - Rise & Shine All Homes | 3 9:30 - Rise & Shine All Homes | 4 9:30 - Rise & Shine All Homes | 5 SALON 9:30 - Rise & Shine All Homes | <mark>6</mark> 9:30 - Rise & Shine All Homes | 7 In-home |
| All Homes | 10:00 - Scenic Van Ride <u>Cascade & Cedar</u> | 10:00 - Scenic Van Ride Diamond Peak & Birch | 10:00 - Scenic Van Ride <u>Mt. Vernon & Aspen</u> | 10:00 - Scenic Van Ride <u>Willow & Redwood</u> | 10:00 - Scenic Van Ride <u>Mt. Hood</u> | Activities, No Rec Staff |
| @ Birch | 1:30 - Painting Halloween Ornaments | 1:30 - Bingo in the club | Afternoon Walks & 1:1s | 1:30 - Popsicle stick Frankenstein's in club! | Afternoon Walks & 1:1s | |
| 8 Walk to End Alzheimer's @ Alton Baker Park | 9 9:30 - Rise & Shine All Homes | 10 9:30 - Rise & Shine All Homes | 11 9:30 - Rise & Shine All Homes | 12 9:30 - Rise & Shine All Homes | 13 9:30 - Rise & Shine All Homes | 14 |
| 12:00 - Ceremony 1:00 - Walk Starts | 10:00 - Scenic Van Ride <u>Cascade & Cedar</u> | 10:00 - Scenic Van Ride Diamond Peak & Birch | 10:00 - Scenic Van Ride <u>Mt. Vernon & Aspen</u> | 10:00 - Scenic Van Ride Willow & Redwood | 10:00 - Scenic Van Ride <u>Mt. Hood</u> | In-home Activities, No Rec Staff |
| alzheimer's Ry association | 12:50 - Octopus Rhythm Works in club RSVP required! | 1:30 - Singalong in club with Katie Sontag! | Afternoon Walks & 1:1s | Afternoon Walks & 1:1s | 1:30 - Halloween Trivia in club | |
| 15 9:30 - Rise & Shine All Homes | 16 9:30 - Rise & Shine All Homes | 17 9:30 - Rise & Shine All Homes | 18 9:30 - Rise & Shine All Homes | 19 SALON 9:30 - Rise & Shine All Homes | 20 9:30 - Rise & Shine All Homes | 21 |
| 1:00 - Sunday Spirit @ Mt. Vernon | 10:00 - Scenic Van Ride <u>Cascade & Cedar</u> | 10:00 - Scenic Van Ride Diamond Peak & Birch | 10:00 - Scenic Van Ride <u>Mt. Vernon & Aspen</u> | 10:00 - Scenic Van Ride <u>Willow & Redwood</u> | 10:00 - Scenic Van Ride <u>Mt. Hood</u> | In-home Activities, |
| | 1:30 - Bingo in the club | 1:30 - Lemonade Social @ Birch | Afternoon Walks & 1:1s | 1:30 - Ice Cream Social @ Willow | 1:30 - Lone Pine Acres Petting Zoo in the club! | No Rec Staff |
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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|--|--|
| 22 9:30 - Rise & Shine All Homes | 23 9:30 - Rise & Shine All Homes | 24 9:30 - Rise & Shine All Homes | 25 9:30 - Rise & Shine All Homes | 26 9:30 - Rise & Shine All Homes | 27 9:30 - Rise & Shine All Homes | 28 |
| 1:00 - Sunday Spirit @ Cedar | 10:00 - Scenic Van Ride <u>Cascade & Cedar</u> | 10:00 - Scenic Van Ride Diamond Peak & Birch | 10:00 - Scenic Van Ride <u>Mt. Vernon & Aspen</u> | 10:00 - Scenic Van Ride <u>Willow & Redwood</u> | 10:00 - Scenic Van Ride <u>Mt. Hood</u> | In-home Activities, No Rec Staff |
| | 1:30 - Bean bag toss in the park | 1:30 - Making Chocolate pretzel Spider webs in the club! | Afternoon Walks & 1:1s | 1:30 - Painting pumpkins in the club | Afternoon Walks & 1:1s | |
| | XXX | Sunday | Monday | Tuesday | | |
| | | 29 9:30 - Rise & Shine All Homes | 30 9:30 - Rise & Shine All Homes | 31 10:00 - Halloween Bingo in the club! 1:00 - TRUNK OR | | |
| | | 1:00 - Sunday Spirit @ Redwood | 10:00 - Scenic Van Ride <u>Cascade & Cedar</u> | TREAT in EHL parking lot! | | |
| | | | 1:30 - Ring toss in the park 2:30 - Golf in the park | HAPPY CONTRACTOR | | |
| | | walks | ne-on-Ones and la activities inclue , exercise, arts and cr iversation, reading ar | de: afts, music, | 6 | |
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