

Village Voice

VOL. 19
ISSUE 9

MONTHLY NEWSLETTER

www.EHLMemoryVillage.com

Thank You!

Our residents and staff made a sign thanking the firefighters for coming from all over the state (and beyond) to help contain the local fires.

We appreciate the hard work they do!



We are excited to have our trolley back! This sweet ride is used for safely transporting residents to activities in The Village.



Our Luau Party in August was a huge success and put everyone in a tropical mood. Refreshing drinks from the tiki bar and delicious food helped, too!



Even Alexis & Juli from our front desk got into the hula mood!

WELCOME to our Village!!

We are excited to welcome these new residents!



Anne Cogdell

Anne used to be a traveling clown and she still has a very fun and playful personality. She enjoys watching comedy shows and taking walks outside, along with singing and dancing. She loves the house cat and picking up the blooming flowers outside.



Syble Janecek

Syble was a homemaker for many years, and in later years volunteered at voting polls. She is very sweet and soft spoken. She likes the house cat, who we can often find sleeping on her bed. She also enjoys talking with her housemates over coffee.



Stephen Hufford

Stephen worked in environmental services at a Hilton. One thing he values is cleaning and keeping things tidy. He enjoys watching action movies and is interested in mechanics. He is very calm, sweet, and easygoing.



Our recreation department has been busy lately!



UPCOMING EVENTS

Join us for a

HARVEST PARTY

Location: The Park @ EHL

What? Harvest Party for all residents, families, and friends! Snacks, music, and games!

RSVP: No RSVP required! Call the main office at 541-747-4858 if you have any questions.



Please join us on October 8th, 2023.

If you would like to support making a difference in the lives of those who are affected by Alzheimer's, we kindly ask you consider donating to the Alzheimer's association. Your donation goes to support the effort and research to put an end to Alzheimer's all together.

Thank you for joining our efforts to make a difference in the lives of those living with Alzheimer's and everyone who loves them.



Visit our website at www.elderhealthandliving.com for a link to the team site.

You can also join our event on Facebook!



In Remembrance



Orlin "Gene" Ogg

Gene was a very special guy. He was funny, loving, and sweet. He was great at re-assembling cubes and building puzzles at the puzzle table. He was always joyful and had the biggest smile.

Myrtle "Jean" Skordahl

Jean was a very gentle, sweet, and funny lady. She had the best sense of humor and knew how to put a smile on your face. She loved anything sweet and desserts like ice cream made her the happiest.



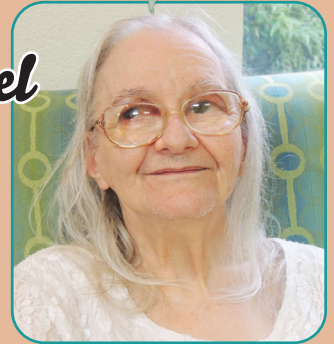
Jurema Fraga

Jurema was born in Rio De Janeiro, Brazil. She was a very sweet lady who had strong family values. She always had a smile on her face and she sure loved ice cream!



Sharon Daudel

Sharon had a good sense of humor and a very warm smile. She was a sweet lady who enjoyed having a nice conversation with others. She will be dearly missed.



ElderHealth & Living's Support Group

*Please feel free to call the main office at **541-747-4858** if you have any questions about our support groups.*

Support Group Schedule:

1st Monday of every month
5:00 - 6:00 pm

3rd Tuesday of every month
12:30 - 1:30 pm

**October
2nd**

**Sept. 19th &
Oct. 17th**

Location:

The Club at ElderHealth & Living
382-B S. 58th Street
Springfield, OR 97478



**I GET BY
WITH A LITTLE
HELP FROM MY
FRIENDS**



We are excited to announce that Carma Douglas is our employee of the month for September!

Carma Douglas, AGNP, is one of our Nurse Practitioners and has been with EHL since April of 2022. Check out what she shared with us below!

Congratulations, Carma! We love having you here in our Village!

What is your favorite part about working at EHL?

I love our residents, from the tops of their heads to the tips of their toes. I appreciate and enjoy the vast varieties of personalities on our campus. Residents range from extremely feisty and strong headed to gentle, kind, and consistently showing affection. My commitment is to their happiness and minimizing suffering of any form. We are sharing and forming their end stories and it is an honor to be able to provide on-site provider care and respond quickly as changes arise. Along these lines, creating relationships and support for their families is an important aspect of my work. This is an emotional time for families and they are asked to make very difficult decisions as end-of-life approaches. My hope is that families feel they understand the process and they are included in choosing the goals of care that benefits the resident.

How would you describe your job duties?

As a provider (NP), my primary goals and duties are to ensure the safety, physical/mental/emotional wellbeing of our residents, and actively participate as a vital support role in our health center team, caregiving staff in the homes, and overall campus environment. We have a unique model here at EHL and I truly believe it takes the commitment of the entire village of staff to obtain the high level of care that is provided. I am honored to have been selected as employee of the month and I will continue to grow and be the best I can be.



Carma with our residents.



FUTURE DRESS UP DAYS!

- October 31st:
HALLOWEEN!



- November 17th:
FALL COLORS DAY!



- December 18-22:
HOLIDAY SPIRIT WEEK!



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**ELDER HEALTH
& LIVING**
MEMORY VILLAGE

September Recreation Calendar 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>National Days in September</u></p> <p>9/4 - Labor Day</p> <p>9/10 - National Grandparents Day</p> <p>9/17 - National Wife Appreciation Day</p> <p>9/23 - FALL BEGINS</p> <p>9/23 - National hunting & Fishing Day</p>						<p>1</p> <p>10:00 - Scenic Van Ride <u>Mt. Hood</u></p> <p>1:00 - Puzzles, coloring, crosswords & word games on campus</p>
<p>3</p> <p>9:30 - Rise & Shine All Homes</p> <p>1:00 - Sunday Spirit @ Mt. Hood</p>	<p>4</p> <p>LABOR DAY</p> <p>10:00 - Scenic Van Ride <u>Cascade & Cedar</u></p> <p>1:30 - Trivia in the club</p>	<p>5</p> <p>9:30 - Rise & Shine All Homes</p> <p>10:00 - Scenic Van Ride <u>Diamond Peak & Birch</u></p> <p>1:30 - Making Sept. Birthday Cards in the club!</p>	<p>6</p> <p>9:30 - Rise & Shine All Homes</p> <p>10:00 - Scenic Van Ride <u>Vernon & Aspen</u></p> <p>1:30 - Frisbee toss in the park</p>	<p>7</p> <p>9:30 - Rise & Shine All Homes</p> <p>10:00 - Scenic Van Ride <u>Willow & Redwood</u></p> <p>1:30 - Bingo in the club</p> <p>Afternoon walks</p>	<p>8</p> <p>9:30 - Rise & Shine All Homes</p> <p>10:00 - Scenic Van Ride <u>Mt. Hood</u></p> <p>1:00 - Puzzles, coloring, crosswords & word games on campus</p>	<p>9</p> <p>9:30 - Rise & Shine All Homes</p> <p>1:00 - Coloring, crosswords & word games @ Cedar</p>
<p>10</p> <p>9:30 - Rise & Shine All Homes</p> <p>1:00 - Sunday Spirit @ Willow</p>	<p>11</p> <p>9:30 - Rise & Shine All Homes</p> <p>10:00 - Scenic Van Ride <u>Cascade & Cedar</u></p> <p>1:00 - Octopus Rhythm Works in the club</p>	<p>12</p> <p>9:30 - Rise & Shine All Homes</p> <p>10:00 - Scenic Van Ride <u>Diamond Peak & Birch</u></p> <p>1:30 - Fact or fiction</p>	<p>13</p> <p>9:30 - Rise & Shine All Homes</p> <p>10:00 - Scenic Van Ride <u>Vernon & Aspen</u></p> <p>1:30 - Dice Games in the park</p>	<p>14</p> <p>9:30 - Rise & Shine All Homes</p> <p>10:00 - Scenic Van Ride <u>Willow & Redwood</u></p> <p>Afternoon walks</p>	<p>15</p> <p>9:30 - Rise & Shine All Homes</p> <p>10:00 - Scenic Van Ride <u>Mt. Hood</u></p> <p>1:30 - Seated Sports in the club</p>	<p>16</p> <p>9:30 - Rise & Shine All Homes</p> <p>1:00 - Coloring, crosswords & word games @ Redwood</p>

September Recreation Calendar 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 9:30 - Rise & Shine All Homes 1:00 - Sunday Spirit @ Aspen	18 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Cascade & Cedar</u> 1:30 - Fall Arts & Crafts in the club	19 9:30 - Rise & Shine All Homes 10:00 - Scenic Van <u>Diamond Peak & Birch</u> 2:00 - Baking in the club!	20 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Vernon & Aspen</u> 1:00 - Golf in the park 2:30 - Men's group @ Diamond Peak	21 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Willow & Redwood</u> 1:00 - Tea & Chat with the ladies @ Redwood	22 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Mt. Hood</u> 1:30 - Rock Painting in the club	23 9:30 - Rise & Shine All Homes 1:00 - Coloring, crosswords & word games @ Birch 1st Day of Fall
24 9:30 - Rise & Shine All Homes 1:00 - Sunday Spirit @ Diamond Peak	25 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Cascade & Cedar</u> 1:00 - Nails with the ladies @ Willow 2:00 - Trivia @ Birch	26 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Diamond Peak & Birch</u> 1:30 - Singalong in the club with Katie!	27 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Mt. Vernon & Aspen</u> 1:30 - Bingo in the club Afternoon walks	28 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Willow & Redwood</u> 1:30 - Fall Collages in the club!	29 9:30 - Rise & Shine All Homes 10:00 - Scenic Van Ride <u>Mt. Hood</u> HARVEST PARTY IN THE PARK @ 1:00-3:30pm!	30 9:30 - Rise & Shine All Homes 1:00 - Coloring, crosswords & word games @ Mt. Hood

One-on-Ones and late day
activities include:

**Walks, exercise, arts and crafts, music,
conversation, reading and games**