

Village Voice

VOL. 19
ISSUE 6

MONTHLY NEWSLETTER

www.EHLMemoryVillage.com



We have been
getting out and
enjoying summer
in The Park!



We Take Safety and Dancing Seriously!



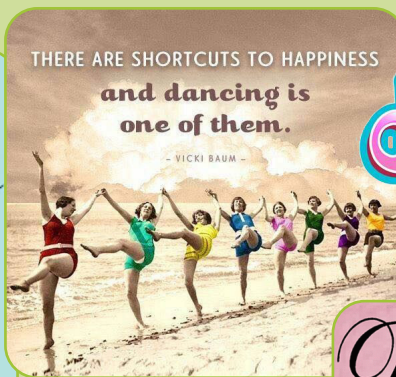
When one of our residents wants to dance, we do everything possible to help. Sometimes you just need to listen to your own music and dance like you did when you were 17. To support this need and moment of joy, we create ways to reduce injuries from bumping into things and keeping a personal iPod/head phones in place long enough to enjoy the whole song!

When dementia progresses, balance becomes a concern. Finding solutions to allow maximum independence while reducing injuries is a team project at EHL. We use all sorts of things to keep folks mobile, such as: merry walkers, grab bars in the weirdest places, transfer poles in the living room, and much more to help residents hold onto something while moving. We also protect areas of the body that are at risk from bumping into objects by wearing a helmet to prevent head injury, using hipsters to prevent an injury from bumping into a table edge, or padding furniture near their beds to reduce bruising when active in their room.



If you see someone or something that is unfamiliar to you or appears weird feel free to ask our staff how the item helps our residents. *Liz von Wellsheim, GNP*

Forget your
troubles
and
dance



let's
dance

Dancing with
the feet is one thing
but dancing
with the Heart
is another.

♥
LIFE
IS BETTER
WHEN
YOU
DANCE



Mission Statement

Driven by a desire to expand access to the healing power of music, Octopus RhythmWorks offers drumming programs within the community, with a special focus on serving vulnerable populations.

Fun with Music!

We are so excited to have Octopus Rhythm Works in our Village! For more information on them, we encourage you to visit their website at:

www.octopusrhythmworks.org



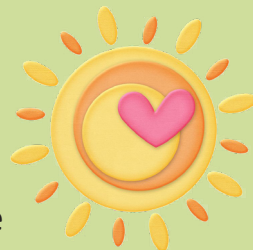
WELCOME to our Village!!

We are excited to welcome these new residents!



Chau Hoang

Chau always has an optimistic view on life with such a wonderful smile. She is very affectionate and loves being around others. She is also gentle hearted and can be seen making the best of her time with a positive attitude.



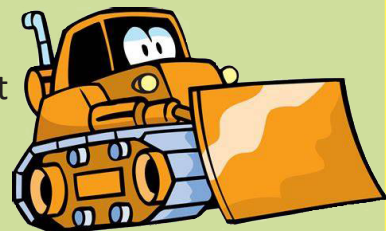
Margaret has a good sense of humor and enjoys joking around with others. Her favorite animals are dogs, as they are playful and loyal. At first glance, she may seem quiet, but when you get to know her, she makes the whole room shine.

Margaret Rounds



Thomas "Frank" Bedortha

Frank worked over 30 years as an equipment operator. When he was younger, he loved fishing and hunting. He enjoys listening to old country music and loves to sing, dance, and make jokes. He has put a smile on everyone's face!



Linda enjoys walking, listening to music, and dancing with the staff. She also likes taking a relaxing stroll outside on a sunny day. We look forward to learning much more about Linda!

Linda Benjamin



Diane Downey

When Diane was younger, she enjoyed spending her time gardening and especially planting rhododendrons. She continues to love the outdoors and listening to music from artists such as Patsy Kline. She has a very gentle soul and a kind heart.



UPCOMING EVENTS



Come join us in our 4th of July fun!

Date: Tuesday, July 4th

Time: Starts 12:00 pm

Location: The Park @ EHL



What? BBQ for all residents, families, and friends!

RSVP: Please RSVP by June 19th. Call the main office at 541-747-4858 or let your Resident Coordinator know.



Please join us on October 8th, 2023.

If you would like to support making a difference in the lives of those who are affected by Alzheimer's, we kindly ask you consider donating to the Alzheimer's association. Your donation goes to support the effort and research to put an end to Alzheimer's all together.

Thank you for joining our efforts to make a difference in the lives of those living with Alzheimer's and everyone who loves them.



Visit our website at www.elderhealthandliving.com for a link to the team site.

You can also join our event on Facebook!





Dress Up Days!

I ♥ 80's

Our crew will go to any length to get a smile! 80's Dress Up Day took place in May!



FLASH
BACK

80'S



FUN

FUTURE DRESS UP DAYS!

- July 3rd & 4th: **RED, WHITE & BLUE DAYS!**
- August 11th: **HAWAIIAN SHIRT DAY!**
- October 31st: **HALLOWEEN!**
- November 17th: **FALL COLORS DAY!**
- December 18-22: **HOLIDAY SPIRIT WEEK!**

In Remembrance



Erma Klokow

Erma had no filter and would get a kick out of making the staff laugh and giggle. Some words to describe Erma would be funny, jokester, prankster, story teller, sweet, kind, loveable, dramatic, and spiritual. She laughed with us, cried with us, and loved us. She gave us some incredible memories that will last a lifetime! Everyone join the Birch house and raise a glass of ice cold Diet Coca Cola for Erma!



Janet Harless

Janet had a very contagious laugh and a great sense of humor. She enjoyed walking outside and spending her time with those around her. She also enjoyed socializing with others and making them smile. The Mt. Hood home is going to miss her so much!



Dorothy "Jean" Armentrout

Jean was a very sweet woman who had a good sense of humor. She was very easygoing and kind to everyone around her. She loved all her children and was very proud of them.

ElderHealth & Living's Support Group

Please feel free to call the main office at **541-747-4858** if you have any questions about our support groups.

Support Group Schedule:

1st Monday of every month

5:00 - 6:00 pm

3rd Tuesday of every month

12:30 - 1:30 pm

July 3rd

**June 20th &
July 18th**

Location:

The Club at ElderHealth & Living
382-B S. 58th Street
Springfield, OR 97478





We received this terrific SHOUT OUT from one of our families.



If you want to give a shout out to one of our staff, please send an email to our HR Coordinator Marianne at: mcarothers@elderhealthandliving.com.

"Thank you for the opportunities to praise the staff at the Aspen house. To me they are like family.

A couple years ago we made the very tough decision to get my Grandma into memory care. The team is always in contact with me which I appreciate so much. With Covid, communication and visits sometimes got difficult but the team would take time to FaceTime or help Gram call when she needed to. Here we are two years later and they know her and love her like I do. They work so hard to make Aspen residents feel at home, loved and cared for. It is beautiful to see. This team makes my heart so happy, and I am truly thankful for all they do. They do the hardest job but with smiles, even when it's super tough.

Thank you Aspen house team, I appreciate you more than I could ever express. Gram and I would be lost without you!"



We always love it when ELVIS comes to the Village!



Marianne's Memo:

You never know what someone else is going through. A smile from you could make all the difference in the world to someone having a bad day. Remember to...

Smile



Find us on:
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