



Welcome

to our new Nurse Practitioner!

Carma Douglas, AGNP-BC



Carma on a garden tour in Southern California.



Backpacking the John Muir Trail in Yosemite.



On Broken Top in the Three Sisters wilderness with her two adult kids.

Carma's nursing career began in 1983 at PeaceHealth Medical Center. She primarily worked in the ICU/Trauma/Open Heart Surgery Department. In 2003, she opened Healing Spirit Integrative Health Center which was focused on medical massage and disease prevention. In 2013, she brought on a Nurse Practitioner partner and changed the emphasis to primary care and lymphedema services. She decided to close this practice in 2020 and she went back to work at PeaceHealth in the Wound Care department.

Carma learned from her experiences that she enjoys working in a dynamic team that provides the highest quality of care for patients. By joining EHL, she is expecting to build relationships with residents, families, and staff. She wishes to contribute to enhancing our resident's health and enjoyment of life in all the best ways possible. Carma shared with us, "I am eager to share a smile and I plan to have a lot of fun along the way."

Quality time with her family is something Carma treasures. She has a supportive husband, two adult children, a boxer girl dog, and a chocolate lab boy dog. In her free time, she can be found hiking, trail backpacking, calm water kayaking, gardening, and biking. When not in the great outdoors, she enjoys cooking, reading, cribbage, and binge-watching a good TV series.

