


OCTOBER 2019 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 2px dashed orange; padding: 10px; text-align: center;"> <p>Van ride change: Please note there is a change in Van ride routine starting on Monday, October 7th</p> </div>		1 9:30 Rise & Shine / All Homes 10:00 Scenic Van Ride w/ Willow 1:00: Mobile Spa Day @ All Homes 2:00: Sing Along @ The Club 4:30– 6:00pm: Spaghetti Feed @ All homes	2 SALON 9:30 Rise & Shine / All Homes 10:00: Scenic Van Ride w/ Redwood & Birch 1:00: Book Trade @ All Homes 1:30: Lydia Lord Piano Player @ Aspen 1:30: Chair Yoga @ The Club 3:30: Arts & Crafts @ Cedar Late Day Activity @ All Homes	3 SALON 9:30 Rise & Shine / All Homes 10:00 Scenic Van Ride w/ Mt. Hood & Mt. Vernon 1:30: Slap Happy Drums @ Birch 1:30: Cooking @ Willow 3:30: Bible Study @ Mt Vernon Late Day Activity @ All Homes	4 9:30 Rise & Shine / All Homes 10:00 Scenic Van Ride w/ Aspen & Diamond Peak 1:30: Seated Sports @ The Park or Club 3:30: Singing @ Mt Hood Late Day Activity @ All Homes	5 9:30 Rise & Shine / All Homes 1:30: Bingo @ The Club
		6 9:30 Rise & Shine / All Homes 1:30: Sunday Spirit w/ Pastor Bradley @ Diamond Peak Late Day Activity @ All Homes	7 9:30 Rise & Shine / All Homes 10:00 Scenic Van Ride w/ Cascade 1:30: Art @ The Club 1:30: Men's Club @ Diamond Peak 3:30: Move to Music @ Willow Late Day Activity @ All Homes	8 9:30 Rise & Shine / All Homes 10:00 Scenic Van Ride w/ Cedar & Diamond Peak 1:30: Bingo @ Mt Vernon 2:00: Sing Along @ The Club 3:30: Chair Exercises @ Diamond Peak Late Day Activity @ All Homes	9 SALON 9:30 Rise & Shine / All Homes 10:00: Scenic Van Ride w/ Redwood & Birch 1:30: Seated Sports @ Birch 1:30: Cooking @ Cascade 3:30: Spa Day @ Redwood Late Day Activity @ All Homes	10 SALON 9:30 Rise & Shine / All Homes 10:00 Scenic Van Ride w/ Mt. Hood & Mt. Vernon 1:30: Outing: Camas Bakery 1:30: Sing along w/ Shelly & Michael @ Willow 3:30: Music w/ Shelly and Michael @ Uppers Late Day Activity @ All Homes
13 9:30 Rise & Shine / All Homes 1:30: Sunday Spirit @ The Club Late Day Activity @ All Homes	14 9:30 Rise & Shine / All Homes 10:00 Scenic Van Ride w/ Cascade 1:30: Art @ The Club 1:30: Frisbee Toss @ Redwood 3:30: Plant Arrangements @ Mt Hood Late Day Activity @ All Homes	15 9:30 Rise & Shine / All Homes 10:00 Scenic Van Ride w/ Cedar & Diamond Peak 1:30: Trivia @ Aspen 2:00: Sing Along @ The Club 3:30: Chair Exercises @ Diamond Peak Late Day Activity @ All Homes	16 SALON 9:30 Rise & Shine / All Homes 10:00 Scenic Van Ride w/ Redwood & Birch 1:30: Outing: Detering Orchards 1:30: Chair Yoga @ The Club 3:30: Halloween Decorating @ All Homes Late Day Activity @ All Homes	17 SALON 9:30 Rise & Shine / All Homes 10:00 Scenic Van Ride w/ Mt. Hood & Mt. Vernon 1:30: Hymns w/ Rev. Phil @ Mt Vernon 1:30: Cooking @ Cedar 3:30: Bible Study @ Cascade Late Day Activity @ All Homes	18 9:30 Rise & Shine / All Homes 10:00 Scenic Van Ride w/ Aspen & Willow 1:30: Bingo @ Birch 1:30: Painting @ Willow 3:30: Singing @ Diamond Peak Late Day Activity @ All Homes	19 9:30 Rise & Shine / All Homes 1:30: Floor Hockey @ The Club Late Day Activity @ All Homes

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>20 9:30 Rise & Shine / All Homes</p> <p>1:30: Sunday Spirit @ The Club</p> <p>Late Day Activity @ All Homes</p>	<p>21 9:30 Rise & Shine / All Homes</p> <p>10:00 Scenic Van Ride w/ Cascade</p> <p>1:30: Art @ The Club 1:30: Reminiscing Group @ Willow</p> <p>3:30: Puzzle Club @ Mt Vernon</p> <p>Late Day Activity @ All Homes</p>	<p>22 9:30 Rise & Shine / All Homes</p> <p>10:00 Scenic Van Ride w/ Cedar & Diamond Peak</p> <p>1:30: Jeopardy @ Mt Vernon 2:00: Sing Along @ The Club</p> <p>3:30: Chair Exercises @ Diamond Peak</p> <p>Late Day Activity @ All Homes</p>	<p>23 SALON 9:30 Rise & Shine / All Homes</p> <p>10:00 Scenic Van Ride w/ Redwood & Birch</p> <p>1:30: Seated Sports @ The Club 1:30: Cooking @ Mt Hood</p> <p>3:30: Arts & Crafts @ Redwood Peak</p> <p>Late Day Activity @ All Homes</p>	<p>24 SALON 9:30 Rise & Shine / All Homes</p> <p>10:00 Scenic Van Ride w/ Mt Hood & Mt Vernon</p> <p>1:30: Outing: Pumpkin Patch 1:30: Sing along w/ Shelly & Michael @ Diamond Peak</p> <p>3:30: Music w/ Shelly and Michael @ Lowers</p> <p>Late Day Activity @ All Homes</p>	<p>25 9:30 Rise & Shine / All Homes</p> <p>10:00 Scenic Van Ride w/ Aspen & Willow</p> <p>1:30: Bingo @ The Club 1:30: Move to Music @ Birch</p> <p>3:30: Singing @ Aspen</p> <p>Late Day Activity @ All Homes</p>	<p>26 9:30 Rise & Shine / All Homes</p> <p>1:30: Simple Harmonies @ Cascade</p> <p>Late Day Activity @ All Homes</p>
<p>27 9:30 Rise & Shine / All Homes</p> <p>1:30: Sunday Spirit @ The Club</p> <p>Late Day Activity @ All Homes</p>	<p>28 9:30 Rise & Shine / All Homes</p> <p>10:00 Scenic Van Ride w/ Cascade</p> <p>1:30: Pumpkin Decorating @ The Club 1:30: Trivia @ Diamond Peak</p> <p>3:30: Spa Day @ Cedar</p> <p>Late Day Activity @ All Homes</p>	<p>29 9:30 Rise & Shine / All Homes</p> <p>10:00 Scenic Van Ride w/ Cedar & Diamond Peak</p> <p>1:30: Arts & Crafts @ Cascade 2:00: Sing Along @ The Club</p> <p>3:30: Chair Exercises @ Diamond Peak</p> <p>Late Day Activity @ All Homes</p>	<p>30 SALON 9:30 Rise & Shine / All Homes</p> <p>10:00 Scenic Van Ride w/ Redwood & Birch</p> <p>1:30: Cooking @ Willow 1:30: Chair Yoga @ The Club</p> <p>Late Day Activity @ All Homes</p>	<p>31 SALON 9:30 Rise & Shine / All Homes</p> <p>HAPPY HALLOWEEN!</p> <p>10:00 Scenic Van Ride w/ Mt Hood & Mt Vernon</p> <p>1:00: EHL Trick or Treating! 2:00: Halloween Party @ The Club</p> <p>3:30: Halloween Parade @ All Homes</p>	 <p>Late Day Activities Include: <i>walks, exercise, arts and crafts, music, dancing, conversation, reading, games, manicures, makeovers, and more</i></p>	

