

APRIL 2019 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Rise & Shine / All Homes	2 SALON DAY 9:30 Rise & Shine / All Homes	3 SALON DAY 9:30 Rise & Shine / All Homes	4 9:30 Rise & Shine / All Homes	5 9:30 Rise & Shine / All Homes	6 9:30 Rise & Shine / All Homes
	10:00 Scenic Van Ride w/ Cedar & Cascade	10:00 Scenic Van Ride w/ Willow	10:00: Scenic Van Ride w/ Redwood & Birch	10:00 Scenic Van Ride w/ Mt. Hood & Mt. Vernon	10:00 Scenic Van Ride w/ Aspen & Diamond Peak	
	1:30: Trivia @ Diamond Peak 1:30: Spring Painting @ Willow	1:30: Outing: Reality Bakery 2:00: Sing-A-Long @ The Club	1:30: Cooking @ Cascade 1:30: Lydia Lord @ Aspen	1:30: Slap Happy Drums @ Birch 1:30: Bingo @ Mt Vernon	1:30: Clay Flowers @ The Club 1:30: Corn Hole @ Diamond Peak	1:30: Jeopardy @ The Club
	3:30: Singing @ Mt Hood	3:30: Chair Exercise @ Diamond Peak	3:30: Bead Art @ Redwood	3:30: Rice Krispies @ Cedar	3:30: Sabbath—Jewish Songs and Celebrations	
	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes
7 9:30 Rise & Shine / All Homes	8 9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	10 SALON DAY 9:30 Rise & Shine / All Homes	11 9:30 Rise & Shine / All Homes	12 9:30 Rise & Shine / All Homes	13 9:30 Rise & Shine / All Homes
	10:00 Scenic Van Ride w/ Cedar & Cascade	10:00 Scenic Van Ride w/ Diamond Peak	10:00: Scenic Van Ride w/ Redwood & Birch	10:00 Scenic Van Ride w/ Mt. Hood & Mt. Vernon	10:00 Scenic Van Ride w/ Aspen & Willow	
1:30: Sunday Spirit w/ Pastor Bradley @ Diamond Peak	1:30: Arts & Crafts @ Mt Hood 1:30: Chair Yoga @ The Club	1:30: Outing: Clear Water Park 2:00: Sing-A-Long @ The Club	1:30: Seated Soccer @ Birch 1:30: Reminiscing @ Diamond Peak	1:30: Sing-a-long w/ Shelly @ Aspen 1:30: Puzzle Club @ Mt Vernon	1:30: Bingo @ Willow 1:30: Ping Pong @ The Club	1:30: Seated Soccer @ The Club
	3:30: Dancing @ Willow	3:30: Chair Exercise @ Diamond Peak	3:30: Bible Study @ Cascade	3:00: Music w/ Shelly @ Uppers	3:30: Coloring @ Cedar	3:30: Havdalah—Jewish Songs and Celebrations
Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	
14	15	16 SALON DAY	17 SALON DAY	18	19	20
9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes
1:30: Sunday Spirit @ The Club	10:00 Scenic Van Ride w/Cedar & Cascade	10:00 Scenic Van Ride w/ Willow	10:00 Scenic Van Ride w/ Redwood & Birch	10:00 Scenic Van Ride w/ Mt. Hood & Mt. Vernon	10:00 Scenic Van Ride w/ Aspen & Diamond Peak	
	1:30: Easter Egg Craft @ Mt Vernon 1:30: Move to Music @ The Club	1:30: Spa Day @Redwood 2:00: Sing-A-Long @ The Club	1:30: Cooking @ Willow 1:30: Music w/ Kathy @ Diamond Peak	1:30: Simple Harmonies @ Birch *1:45: Hymns with Rev Phil @ Cascade	1:30: Easter Egg Dying @ The Club	1:30: Bingo! @ The Club
	3:30: Singing @ Cedar	3:30: Chair Exercise @ Diamond Peak	3:30: Golf @ The Park	3:00: Word Games @ Aspen	3:30: Gardening @ Mt Hood	3:30: Havdalah—Jewish Songs and Celebrations
Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes

ELDER HEALTH & LIVING

APRIL 2019 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 9:30 Rise & Shine / All Homes	22 9:30 Rise & Shine / All Homes	23 SALON DAY 9:30 Rise & Shine / All Homes	24 SALON DAY 9:30 Rise & Shine / All Homes	25 9:30 Rise & Shine / All Homes	26 9:30 Rise & Shine / All Homes	27 9:30 Rise & Shine / All Homes
	10:00 Scenic Van Ride w/ Cedar & Cascade	10:00 Scenic Van Ride w/ Diamond Peak	10:00 Scenic Van Ride w/ Redwood & Birch	10:00 Scenic Van Ride w/ Mt Hood & Mt Vernon	10:00 Scenic Van Ride w/ Aspen & Willow	
1:30: Sunday Spirit w/ Pastor Bradley @ Aspen	1:30: Earth Day Recycled Craft & Outdoor Games @ The Park	1:30: Outing: Hendricks Park 2:00: Sing-A-Long @ The Club	1:30: Seated Sports @ The Club 1:30: Have you Ever? @ Birch	1:30-3:30pm: Spring Clean-out Yard Sale @ The Club	1:30: Men's Club @ Diamond Peak 1:30: Spa Day @ Aspen	1:30: Trivia Tournament @ The Club
	3:30: Trivia @ Willow	3:30: Chair Exercise @ Diamond Peak	3:30: Passover Activity @ The Club	3:00: Music w/ Shelly @ Lowers	3:30: Sabbath—Jewish Songs and Celebrations	
Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes
28 9:30 Rise & Shine / All Homes	29 9:30 Rise & Shine / All Homes	30 SALON DAY 9:30 Rise & Shine / All Homes				
1:30: Sunday Spirit @ The Club	10:00 Scenic Van Ride w/ Cedar & Cascade	10:00 Scenic Van Ride w/ Willow	Late Day Activities Include:			
	1:30: Spring Art @ The Club 1:30: Chair Exercise @ Cascade	1:30: Bingo @ Mt Vernon 2:00: Sing-A-Long @ The Club	ELDER		Late Day Activities Include: walks, exercise, arts and crafts, music, dancing, conversation, reading, games, manicures,	
	3:30: Gardening @ Diamond Peak	3:30: Chair Exercise @ Diamond Peak	MEMORY VILLAGE makeov			and more
Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	A-0			

