ELDER HEALTH & LIVING MEMORY VILLAGE

## MARCH 2019 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 <sup>1</sup> 12					1 9:30 Rise & Shine / All Homes	<b>2</b> 9:30 Rise & Shine / All Homes
12 01	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1	4.48 32.	8 8 · . 8	NO CL	10:00 Scenic Van Ride w/ Aspen & Willow	
		Kara			1:30: Bingo @ Willow 1:30: Ping Pong @ The Club	1:30: Seated Soccer @ The Club
JUK-	· ····································				3:30: Golf Putting @ Mt Vernon	3:30: Havdalah—Jewish Songs and Celebrations
					Late Day Activity @ All Homes	Late Day Activity @ All Homes
3	4	5 SALON DAY	6 SALON DAY	7	8	9
9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes
	10:00 Scenic Van Ride w/ Cedar & Cascade	10:00 Scenic Van Ride w/ Willow	10:00: Scenic Van Ride w/ Redwood & Birch	10:00 Scenic Van Ride w/ Mt. Hood & Mt. Vernon	10:00 Scenic Van Ride w/ Aspen & Diamond Peak	
1:30: Sunday Spirit w/ Pastor Bradley @ Birch	1:30: Mardi Gras Art @ The Club 1:30: Have you Ever? @ Mt Vernon	1:30: Outing: Reality Bakery 2:00: Sing-A-Long @ The Club	1:30: Cooking @ Mt Hood 1:30: Bowling @ Birch	1:30: Slap Happy Drums @ Cascade 1:30: Bingo @ Aspen	1:30: International Women's Day Celebration @ Willow 1:30: Velcro Toss @ Diamond Peak	1:30: Jeopardy @ The Club
	3:30: Dancing @ Willow	3:30: Chair Exercise @ Diamond Peak	3:30: Collages @ Redwood	3:30: Spa Day @ Cedar	3:30: Sabbath—Jewish Songs and Celebrations	
Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes
10	11	12 SALON DAY	13 SALON DAY	14	15	16
9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes
	10:00 Scenic Van Ride w/ Cedar & Cascade	10:00 Scenic Van Ride w/ Diamond Peak	10:00 Scenic Van Ride w/ Redwood & Birch	10:00 Scenic Van Ride w/ Mt. Hood & Mt. Vernon	10:00 Scenic Van Ride w/ Aspen & Willow	
1:30: Sunday Spirit @ The Club	1:30: Painting @ Cascade 1:30: Move to Music @ Birch	1:30: Spa Day @ Redwood 2:00: Sing-A-Long @ The Club	1:30: Edible Art @ Aspen 1:30: Name that Tune @ Diamond Peak	1:30: Sing along with Shelly @ Willow 1:30: Trivia @ Mt Vernon	1:30: Wood Craft @ Mt Hood 1:30: Seated Sports @ The Club	1:30: Bingo @ The Club
	3:30: Singing @ Cedar	3:30: Chair Exercise @ Diamond Peak	3:30: Bible Study @ Mt Vernon	3:00: Music with Shelly @ Upper Homes	3:30: No Bake Cookies @ Cedar	3:30: Havdalah—Jewish Songs and Celebrations
						Late Day Activity @ All Homes

## ELDER HEALTH & LIVING MEMORY VILLAGE

## MARCH 2019 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 9:30 Rise & Shine / All Homes	18 9:30 Rise & Shine / All Homes	<b>19 SALON DAY</b> 9:30 Rise & Shine / All Homes	20 SALON DAY 9:30 Rise & Shine / All Homes	21 9:30 Rise & Shine / All Homes	<b>22</b> 9:30 Rise & Shine / All Homes	23 9:30 Rise & Shine / All Homes
	10:00 Scenic Van Ride w/ Cedar & Cascade	10:00 Scenic Van Ride w/ Willow	10:00 Scenic Van Ride w/ Redwood & Birch	10:00 Scenic Van Ride w/ Mt Hood & Mt Vernon	10:00 Scenic Van Ride w/ Aspen & Diamond Peak	
1:30: Sunday Spirit w/ Pastor Bradley @ Cascade	1:30: St Patrick's Day Party: Irish Live music and Dancing!	1:30: Outing: Mural Tour 2:00: Sing-A-Long @ The Club	1:30: Cooking @ Willow 1:30: Jeopardy @ Mt Vernon	1:30: Simple Harmonies @ Diamond Peak *1:45: Hymns with Rev Phil @ Cedar	1:30: Bingo @ Birch 1:30: Collages @ Cascade	1:30: Balloon Volleyball @ The Club
	3:30: Singing @ Mt Hood	3:30: Chair Exercise @ Diamond Peak	3:30: Arts & Crafts @ Redwood	3:30: Word Games @ Aspen	3:30: Sabbath—Jewish Songs and Celebrations	
Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes
<b>24</b> 9:30 Rise & Shine / All Homes	25 9:30 Rise & Shine / All Homes	26 SALON DAY 9:30 Rise & Shine / All Homes	<b>27 SALON DAY</b> 9:30 Rise & Shine / All Homes	28 9:30 Rise & Shine / All Homes	<b>29</b> 9:30 Rise & Shine / All Homes	<b>30</b> 9:30 Rise & Shine / All Homes
	10:00 Scenic Van Ride w/ Cedar & Cascade	10:00 Scenic Van Ride w/ Diamond Peak	10:00 Scenic Van Ride w/ Redwood & Birch	10:00 Scenic Van Ride w/ Mt Hood & Mt Vernon	10:00 Scenic Van Ride w/ Aspen & Diamond Peak	
1:30: Sunday Spirit @ The Club	1:30: Spring is here! Art @ The Club 1:30: Men's Club @ Diamond Peak	1:30: Reminiscing @ Cedar 2:00: Sing-A-Long @ The Club	1:30: Music w/ Kathy @ Aspen 1:30: Spa Day @ Cascade	1:30: Collages @ Mt Vernon 1:30: Wheel of Fortune @ Birch	1:30: Golf Putting @ The Park	1:30: Bingo @ The Club
	3:30: Singing @ Redwood	3:30: Chair Exercise @ Diamond Peak	3:30: Bible Study @ Mt Vernon	3:30: Music w/ Shelly @ Lower Homes	3:30: Trivia @ Willow	3:30: Havdalah—Jewish Songs and Celebrations
Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	

## 31

9:30 Rise & Shine / All Homes











Late Day Activities Include: walks, exercise, arts and crafts, music, dancing, conversation, reading, games, manicures, makeovers, and more

Late Day Activity @ All Homes