

COMMUNITY MATTERS

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MONTHLY NEWSLETTER

www.elderhealthandliving.com

Fundraising @ EHL

Please join EHL for the **Walk to End Alzheimer's!** We invite you to join us at the walk at Alton Baker Park on October 14th. Pictures from last year's incredible event can be seen here. Our team name is Team EHL & Friends, and you can sign up and/or donate to the team online at: <http://act.alz.org/goto/EHLandfriends>.



In September, we encourage you to get involved in the friendly annual EHL competition of raising money for the Alzheimer's Association. This year's campaign is called **"CHANGE FOR CHANGE"**. Starting on Sept. 4th, each home and department on campus will have a container to collect donations for fundraising. Whichever home or department who collects the most funds will receive a special surprise for their team! Unlike previous years, which was focused on collecting pennies, all forms of currency count toward positive points.



Support Groups

Memory Loss Solutions®
EHL Campus Support Group

Monday, September 3rd

CANCELLED due to holiday.

*Happy Labor Day
from EHL!*

Tuesday, September 18th

12:30 - 1:30 pm

@ Main Campus

Alzheimer's Support Group

Thursday, September 13th & 27th

1:30 - 3:30 pm

@ Good Samaritan Society
3500 Hilyard Street, Eugene

Spaghetti Feed is LUNCH this year!

On October 2nd from noon to 1:00 pm in each home and in The Club, we will have our annual **Spaghetti Feed**, with a suggested donation of **\$10 per person** or **\$25 per family**. All donations go directly to the Walk to End Alzheimer's. Payment can be made to the front desk beforehand or on the day of the event. Please RSVP by 9/25/18 by either calling the front desk at 541-747-4858 or emailing adminassistants@elderhealthandliving.com.



Meet Cass: *The Club* Facilitator!

Cass Polidori joined our EHL family in May 2017 as a Recreation Assistant and has now taken on the new position as The Club Facilitator. Her responsibilities include creating activities that stimulate mind, body, and soul for our Club Members. Here is her description of a typical day in The Club:



"In the morning, we have coffee and go over current events - this time is social and it feeds the soul. After coffee, we exercise with things like stretches, chair yoga dance, and table hockey. Next, we work on the mind with cognitive games like Scattegories, Word Mining, Name Towns, etc. Afternoons are sometimes for outings, like a trip to the coast or a local point of interest. We plan our events a month in advance."

When asked about her favorite part of her job, Cass replied, "Having fun, experiencing the joy on their faces, giving them hope, and having creative freedom." Before joining EHL, Cass was a massage therapist for 13 years. She shared with us that, "I love crafts, art, dancing, jokes, and just being silly... so I truly have a job that I love."



Cass Polidori



EMPLOYEE SPOTLIGHT

Erica @ Diamond Peak Home

We are pleased to announce that Erica is our September 2018 Employee of the Month!



Erica was born and raised in the Eugene/Springfield area. She shared with us that she has two children - Haleigh, 13 and Elias, 8. Her family also consists of a Chihuahua named Chloe. She has one younger brother and one younger sister.

Erica has been a part of the EHL community since January 2015. She currently works as Direct Care Staff in our Diamond Peak Home. When asked why she likes working at EHL, Erica replied, "The residents are so much fun. We make each other laugh and it makes our days so much better."

Erica's Words of Wisdom: "Be fearless in the pursuit of what sets your soul on fire."

Thank you, Erica, for your hard work, your dedication, and for being a part of our EHL team!

In Remembrance

Rolland "Rolly" Richards

Rolly came to EHL in August of 2017. Katy, Health Services Coordinator, shared with us that, "I will never forget Rolly dancing on his birthday with his lovely wife Tillie. She couldn't keep him seated - he stood up and danced with her to every song!" Rolly passed away at the age of 89. He will be deeply missed.

David Cubit

David came to EHL in January of 2017. Dave, Health Services Coordinator, shared that, "I remember when David first came. He would regularly run laps outside the home with his trusty dog Jake. He would smile at everyone he passed." David passed away at the age of 78. We will all miss him.

Neil Cawood

Neil came to EHL in August of 2015. Margie, Resident Coordinator in our Mt. Hood Home, shared that, "Neil enjoyed reading the sports page and when walking with him, he would hold his arm out like he was escorting us." Neil passed away at the age of 80. We will miss his bright smile and warm heart.

Anna Jackson

Anna came to EHL in June of 2014. Vanesa, Resident Coordinator in our Birch Home, shared with us that, "Anna was the sweetest little lady. She always had a smile on her face. She loved the color pink and loved to look good. We will miss her sweet smile." Anna passed away at the age of 82.

Helen Culp

Helen came to EHL in October of 2017. Chelsea, Resident Coordinator in our Aspen Home, shared with us that, "Helen was a woman who loved her family dearly. She cared about them so much and always talked about them. She was always joking with staff. We will miss her dearly." Helen passed away at the age of 86.

When someone
you love becomes a
Memory
That memory
becomes a
Treasure



EHL Activity Corner

Wednesday, Sept. 5th @ 1:45 pm hosted by Mt. Hood Home
Golf Putting!



Thursday, Sept. 13th @ 1:45 pm hosted by Recreation Team
Outing: Ice Cream!



Monday, Sept. 17th @ 3:45 pm hosted by Willow Home
Dancing!



Saturday, Sept. 29th @ 1:45 pm hosted by Cascade Home
Bingo!



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