



COMMUNITY MATTERS

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MONTHLY NEWSLETTER

www.elderhealthandliving.com

Have you seen what's new on our campus? The Park has been turned into a 6,000 square foot, 18-hole putting green course with lighted cups and chipping area. Thanks to **Alpha Turf NW** for our latest addition, intended to bring joy and activity for our residents and their families in our village.



A special thank you to Helen Liu and our other families who put together **Staff Appreciation Day at EHL!**

Working at ElderHealth & Living is much more than a job - it is a commitment to making an impact on the lives of our residents we care for and their families. Caring for someone is one of the greatest honors and as individual as a fingerprint. We thank YOU for allowing us to be part of your journey.



Support Groups

Memory Loss Solutions®
EHL Campus Support Group

Monday, October 1st

5:00 - 6:00 pm

@ Main Campus

Tuesday, October 16th

12:30 - 1:30 pm

@ Main Campus

Alzheimer's Support Group

Thursday, October 11th & 25th

1:30 - 3:30 pm

@ Good Samaritan Society
3500 Hilyard Street, Eugene



October 14th is the date of the local **Walk to End Alzheimer's!** We invite you to join us. Our team name is Team EHL & Friends, and you can sign up and/or donate to the team online at:

<http://act.alz.org/goto/EHLandfriends>.

EMPLOYEE SPOTLIGHT

Liz @ Recreation Department

We are pleased to announce that Liz is our October 2018 Employee of the Month!



Liz was born and raised in the Eugene/Springfield area. She was the youngest of three kids growing up. And now, with her husband DJ, she has three kids of her own - Cherokee, Gary, and Devyn. Devyn is the youngest and is quite popular on our campus - she is known lovingly as "Batgirl". 🦇

Liz has been a part of the EHL community since July 2011. She currently works as a Recreation Assistant with our Recreation Department. When asked why she likes working at EHL, Liz replied, "I get to hang out with awesome people and hear their stories and try to make their day a little brighter, with laughter and love."

Liz's Words of Wisdom: "Yesterday is history, tomorrow is a mystery, and today is a gift - that's why they call it the present!"

Thank you, Liz, for your hard work, your dedication, and for being a part of our EHL team!

In Remembrance

Harald Frederiksen

Harald came to EHL in August of 2018. Jackie, Resident Coordinator in our Redwood Home, shared with us that, "Harald was a very nice man with a great loving family. We thank his family for allowing us to care for him." Harald passed away at the age of 87.



Merna Votaw

Merna came to EHL in January of 2016. Katy, Health Services Coordinator, shared that, "Merna was such a quiet and sweet lady. I loved to show her my crazy socks, knowing I would always get a good laugh from her." Merna passed away at the age of 90.



Nina Martín



Nina came to EHL in June of 2015. Destiny, Resident Coordinator in our Willow Home, shared that, "Nina was such a kind-hearted woman. We will miss her spunky personality and humor. She loved to reminisce to staff about her time traveling." Nina passed away at the age of 95.

Dolores Lynch



Dolores came to EHL in July of 2013. David, Health Services Coordinator, shared with us that, "Dolores had a way of reading people and their moods even until her final days. She had an uncanny way of cheering us all up with her singing." Dolores passed away at the age of 84.

Grant McKernie

Grant came to EHL in April of 2007. David, Health Services Coordinator, shared with us that, "Grant loved to joke with everyone he came across and entertained us with his amazing piano playing skills. He brought smiles to all our faces." Grant passed away at the age of 76.



Carolyn Luzak

Carolyn came to EHL in March of 2018. Katy, Health Services Coordinator, shared with us that, "Carolyn was a true princess. She always had the sweetest smile on her face that would brighten the room. She will be deeply missed." Carolyn passed away at the age of 95.



EHL Activity Corner

Thursday, Oct. 4th @ 1:45 pm hosted by Recreation Team
Outing: Covered Bridge Tour!

Tuesday, Oct. 9th @ 1:45 pm hosted by Redwood Home
Spa Day!

Friday, Oct. 19th @ 1:45 pm hosted by The Club
Elvis!

Wednesday, Oct. 31st @ 1:45 pm hosted by The Club
Halloween Party!



Happy Halloween
From
ElderHealth & Living

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MEMORY VILLAGE



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