

# COMMUNITY MATTERS

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MONTHLY NEWSLETTER

[www.elderhealthandliving.com](http://www.elderhealthandliving.com)

## Caregiver Appreciation Day!

Article by Helen Liu

My husband, Glenn, and I joined the ElderHealth & Living family when he moved into the Birch Home early last November. Since then, I have had a crash course on the complex inner workings of a memory-care facility.

ElderHealth & Living is a special place. While it provides top-quality care for residents, it also provides a top-notch benefit packet to employees. It doesn't take a genius to see that happy caregivers = better care to residents! Since my husband was diagnosed with Alzheimer's Disease, I have heard the mantra "care for the caregiver" often. This is why I am asking you, families and friends of residents, to help celebrate the caregivers at EHL on August 30th.



As you know, at EHL, each home has a regular team of caregivers who get to know every one of the ten or so residents. Over time, a bond is formed between residents and caregivers. This bond and the special knowledge that caregivers have about the people whom they care for is part of the foundation that makes EHL the special place it is.

Caregivers do the heavy lifting. It is no exception at EHL. I am impressed by their nothing-fazes-me attitude. Whatever the job is, working as a team with Recreation, Maintenance, the Health Center, and the rest of the staff, EHL gets it done! Let's show how we appreciate the EHL team for the work they do every single day, 24/7, on Thanksgiving, on Christmas, and the rest of the year!



Please join me at The Club on August 30th any time between 3:00 - 8:00 pm to shower them with heartfelt words of thanks and affirmations, gifts - small or large, food and treats, hugs, and whatever else you care to contribute. More details to come soon about how and when to contribute. If you would like to help organize the event, please contact Ameer Hughey, EHL Administrator, at 541-747-4858 or via email at [ahughey@elderhealthandliving.com](mailto:ahughey@elderhealthandliving.com).

## Support Groups

**Memory Loss Solutions®**  
EHL Campus Support Group

**Monday, August 6th**

5:00 - 6:00 pm

@ Main Campus

**Tuesday, August 21st**

12:30 - 1:30 pm

@ Main Campus

**Alzheimer's Support Group**  
**Thursday, August 9th & 23rd**

1:30 - 3:30 pm

@ Good Samaritan Society  
3500 Hilyard Street, Eugene



*Mark your calendars on Thursday, August 30th  
for Caregiver Appreciation Day!*

## EMPLOYEE SPOTLIGHT

### Pam @ Cedar Home



We are pleased to announce that Pam is our August 2018 Employee of the Month!

Pam was born in Jerome, Idaho and grew up in Sherman, Texas. She also lived in Oceanside, California for 25 years. Pam informed us that, "I once flew from LAX to Nashville, Tennessee sitting behind Johnny Cash and his wife, June Carter Cash! And I got his autograph!"

Pam shared with us that she has six daughters and one son, who have blessed her with thirteen grandkids (one on the way) and six great-grandkids. She also has six brothers and two sisters.

Pam has been a part of the EHL community since June 2014. She currently works as Direct Care Staff in our Cedar Home. When asked why she likes working at EHL, Pam replied, "I enjoy being a part of the everyday lives of our residents. I love seeing their smiles!"

*Pam's Words of Wisdom:* "Everyday is a new beginning!"

Thank you, Pam, for your hard work, your dedication, and for being a part of our EHL team!

## In Remembrance

### Shirley Putzier

Shirley came to EHL in October of 2016. Barb, Resident Coordinator in our Cascade Home, shared with us that, "Shirley adored her family and would just light up when they came to visit. She touched many lives here and she is going to be missed tremendously." Shirley passed away at the age of 78.

### Mary Rowe

Mary came to EHL in March of 2015. Molly, Health Services Coordinator, shared with us that, "Mary liked to sit in the sunshine and loved it when someone would join her. She had a wonderful and contagious smile. She will be missed dearly." Mary passed away at the age of 88.



## Campus Kitty!

Have you met Fanta, our campus kitty? Fanta lives in our Aspen Home, but enjoys access to the entire EHL campus. Here he is guarding our very own blueberry patch!



## EHL Activity Corner

**Friday, Aug. 3rd @ 1:45 pm** hosted by **All Homes**  
**Book Trade!**

**Wednesday, Aug. 8th @ 1:45 pm** hosted by **Cascade Home**  
**Making Rice Krispies Treats!**

**Friday, Aug. 17th @ 1:45 pm** hosted by **Diamond Peak Home**  
**Allison & Tom - Fiddle & Guitar Duet!**

**Monday, Aug. 27th @ 1:45 pm** hosted by **Aspen Home**  
**Making Bracelets!**



# Join Us



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& LIVING**

Memory Loss Solutions\*



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