

## **DECEMBER** 2018 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		This Holiday Season, w unwrapped toys/gifts for ch	by Drive: The are collecting new and shildren who are hospitalized lth Riverbend.			1 9:30 Rise & Shine / All Homes
		Items requested include: board games, DVDs, toy cars, books, dolls, stuffed animals, art supplies and more!  Please bring your gift to the EHL Main Office before December 21st.				1:00: Outing: Springfield Christmas Parade
	-					Late Day Activity @ All Homes
2 9:30 Rise & Shine / All Homes	3 9:30 Rise & Shine / All Homes	4 SALON DAY 9:30 Rise & Shine / All Homes	5 SALON DAY 9:30 Rise & Shine / All Homes	6 SALON DAY 9:30 Rise & Shine / All Homes	7 9:30 Rise & Shine / All Homes	8 9:30 Rise & Shine / All Homes
1:45: Sunday Spirit w/ Pastor Bradley @ Willow	10:00 Scenic Van Ride w/ Cedar & Cascade	10:00 Scenic Van Ride w/ Diamond Peak	10:00 Scenic Van Ride w/ Aspen & Birch	10:00 Scenic Van Ride w/ Mt. Hood & Mt. Vernon	10:00 Scenic Van Ride w/ Red- wood & Willow	
XX	1:45: Art Class @ The Club 1:45: Golf Putting @ Mt Hood	1:45: Clay Ornaments @ Cascade 2:00: Sing-A-Long @ The Club	1:45: Cooking Latkes @ Birch 1:45: Seated Sports @ The Club	1:45: Slap Happy @ Diamond Peak 1:45: Outing: Dollar Store	1:45: Tea party @ Cedar 1:45: Chair Exercise @ Cascade	1:45: Bingo @ Aspen
3:45: First Day of Hanukkah Celebration @ Birch	3:45: Hanukkah Candle Lighting	3:45: Hanukkah Candle Lighting	3:45: Hanukkah Candle Lighting	3:45: Hanukkah Candle Lighting	3:45: Hanukkah Candle Lighting	3:45: Hanukkah Candle Lighting
Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes
9:30 Rise & Shine / All Homes	10 9:30 Rise & Shine / All Homes	11 SALON DAY 9:30 Rise & Shine / All Homes	12 SALON DAY 9:30 Rise & Shine / All Homes	13 SALON DAY 9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes
4.45 Condo Calda O The Clab	10:00 Scenic Van Ride w/ Cedar & Cascade	10:00 Scenic Van Ride w/ Diamond Peak	10:00 Scenic Van Ride w/ Aspen & Birch	10:00 Scenic Van Ride w/ Mt. Hood & Mt. Vernon	10:00 Scenic Van Ride w/ Redwood & Willow	
1:45: Sunday Spirit @ The Club 3:45: Last Day of Hanukkah	1:45: Art Class @ Mt Hood 1:45: Reminiscing Group @ Willow	1:45: Bingo @ Mt Vernon 2:00: Sing-A-Long @ The Club	1:45: Cooking Club @The Club 1:45: Music with Kathy Kali @ Diamond Peak	1:45: Music with Shelly @ Cascade 1:45: Bead Art @ Redwood	1:00: Massages @ Aspen, Birch, Cedar, Redwood & Willow 1:45: ELVIS @ The Club	1:45: Bingo @ Willow
Celebration @ Birch	3:45: Chair Exercise @ Diamond Peak	3:15: Caroling Practice @ The Club	3:45: Bible Study @ Mt Vernon	3:00: Music w/ Shelly @ Lower Homes	3:45: Mask Decorating @ Cedar	
Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes



9:30 Rise & Shine / All Homes

1:45: New Years Eve Party @ The

3:45: Afternoon Dance @ Willow

Late Day Activity @ All Homes

10:00 Scenic Van Ride w/ Cedar & Cascade

9:30 Rise & Shine / All Homes

1:45: Sunday Spirit @ The Club

Late Day Activity @ All Homes

## **DECEMBER** 2018 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18 SALON DAY	19 SALON DAY	20 SALON DAY	21	22
9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes
1:45: Sunday Spirit w/ Pastor Bradley @ Birch	1:45: Lydia Lord @ Aspen 1:45: Mask Decorating @ The Club	1:45: Spa Day @ Redwood 2:00: Sing-A-Long @ The Club	1:45: Cooking Club @ Cedar 1:45: Karaoke @ The Club	1:45: Simple Harmonies Music Duo @ Willow 1:45: Hymns w/ Reverend Phil @	10:30: Outing: Deliver Toys to Riverbend Hospital 1:45: Winter Solstice Masquerade Party @ The Club	1:45: Bingo @ Birch 6:00 Holiday Lights Van Ride— Family Night
	3:45: Chair Exercise @ Diamond Peak	3:15: Caroling Practice@ The Club	3:45: Exercise to Music @ Cascade	Mt Vernon		Resident and one family members can attend this Special Van ride
Late Day Activity @ All Homes	6:00 Holiday Lights Van Ride w/ Cedar & Cascade	6:00 Holiday Lights Van Ride w/ Diamond Peak	6:00 Holiday Lights Van Ride w/ Aspen & Birch	6:00 Holiday Lights Van Ride w/ Mt Hood & Mt Vernon	6:00 Holiday Lights Van Ride w/ Redwood & Willow	Space is limited, sign up soon!
	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes
23	24	25	26 SALON DAY	27 SALON DAY	28	29
9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes	9:30 Rise & Shine / All Homes
1:45: Sunday Spirit @ The Club	10:00 Scenic Van Ride w/ Cedar & Cascade	Christmas Day	10:00 Scenic Van Ride w/ Aspen & Birch	10:00 Scenic Van Ride w/ Mt Hood & Mt Vernon	10:00 Scenic Van Ride w/ Red- wood & Willow	
	1:45: Christmas Eve Party with Live Music & Warm Drinks		1:45: Cooking Club @ Willow 1:45: Men's Club @ Diamond Peak	1:45: New years Party Decoration Making @ The Club 1:45: Sensory Activities @ Mt Hood	1:00: Massages @ Cascade, Mt Hood, Mt Vernon, D. Peak 1:45: Ping Pong @ The Club 1:45: Spa day @ Aspen	1:45: Bingo @ Cascade
	3:30: Caroling @ All Homes	1:00: Christmas Lunch @ All Homes	3:45: Bible Study @ Mt Vernon	3:45: Crafts @ Redwood	3:45: Card Games @ Birch	
Late Day Activity @ All Homes	Late Day Activity @ All Homes		Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes	Late Day Activity @ All Homes
30	31			•		





## **Late Day Activities Include:**

walks, exercise, arts and crafts, music, dancing, conversation, reading, games, manicures, makeovers, and more