

# COMMUNITY MATTERS

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MONTHLY NEWSLETTER

www.elderhealthandliving.com

## Music in the Meadow



**Come Join us for our Music in the Meadow Picnic!**

**July 11th, from 5-7pm.**

**All participants, residents, and their families are invited to join us!**

**Food and Beverages will be provided along with Live entertainment!**

**RSVP with the main office at**

**541-747-4858**



## Support Groups

### Memory Loss Solutions®

**EHL Campus Support Group**

**Monday, June 4th**

**5:00 - 6:00 pm**

**@ Main Campus**

**Tuesday, June 19th**

**12:30 - 1:30 pm**

**@ Main Campus**

### Alzheimer's Support Group

**Thursday, June 14th & 28th**

**1:30 - 3:30 pm**

**@ Good Samaritan Society  
3500 Hilyard Street, Eugene**

## Morning Stretches

If you are ever here before breakfast, you can catch our Food Services team stretching before starting their day. Lorrie told us "Since I've started stretching before starting work, I don't feel as sore and I know that I am doing all that I can to prevent any injuries!"

Thank you Lorrie, Linda, and Nicole for doing your best to prevent injuries in the workplace!



## EMPLOYEE SPOTLIGHT

### Riley @ Columbia Center



Riley was born in Eugene, OR and grew up in Junction City, OR. Riley shares a birthday with her only younger brother. She has recently become engaged to her partner of seven years who she owns a home with. She has two dogs, Ruger and Remi, two cats, and a Quaker Parrot named Ranger. Riley mentioned that when she is not working she is frequently camping, or in the mountains in their off road vehicles with her group of friends. One thing you may not know about Riley is that she saved a man's life when she was just 16 working as a lifeguard in Junction City.

Riley has been a part of the EHL community since November 2015. She works as the Administrative Assistant in our Main office. When asked why she likes working at EHL, Riley replied, "I love getting to see the residents out and about on walks! They always stop in the office for a break or just to visit with all of us."

*Riley's Words of Wisdom:*

**"Have some fire, Be unstoppable, Be a force of nature." - Unknown.**

**Thank you, Riley, for your hard work, your dedication, and for being a part of our EHL team!**

## In Remembrance

### Donald Jonas

Donald came to us in March 2018. Even though he was only here for a short while, he became a big part of our EHL Family. Jackie, Resident Coordinator of the Redwood home stated, "Donald was a very soft spoken man and we want to thank the family for sharing him with us." Donald passed away at the age of 89. He will be missed deeply.

### Earl Fullerton

Earl and his wife, Sally moved to EHL together in July 2017. Josie, Direct Care Staff in our Aspen home told us that "Earl had a soft side and was very loving towards his wife and he really cared about the residents around him. I will miss his sense of humor and his witty comments." Earl passed away at the age of 85. He will be missed dearly.



# Perfect day for a walk in the park



## EHL Activity Corner

**Monday, June 1st @ 1:45** hosted by **Aspen Spa Day!**

**Wednesday, June 13th @ 1:45** hosted by **Cascade Balloon Volleyball!**

**Tuesday, June 19th @ 1:45** hosted by **Cedar Bingo!**

**Friday, June 22nd @ 1:45** at **The Park Park Games!**



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