

# COMMUNITY MATTERS

VOL. 13  
ISSUE 9

MONTHLY NEWSLETTER

www.elderhealthandliving.com

## Fundraising @ EHL

Please join EHL for the **Walk to End Alzheimer's!** We invite you to join us at the walk at Alton Baker Park on October 8th. Our team name is Team EHL & Friends, and you can sign up online at: <http://act.alz.org/goto/teamehlandfriends>.

Last year we were the top fundraising team for Residential Communities in Eugene/Springfield and the second top fundraising team overall. This year our goal is to be the top team overall!



We have some great fundraising activities planned to help us reach our goal! On September 1st, get involved in the friendly annual competition of **PENNY WARS**. Starting on Sept. 1st, each home and department on campus will have a container to collect pennies for donations to the Walk to End Alzheimer's. The home or department with the highest amount raised wins a prize!

## Save the Date!

On October 3rd, we have our annual **Spaghetti Feed**, with a suggested donation of \$10 per person or \$25 per family. All donations go directly to the Walk to End Alzheimer's.



## Support Groups

**Memory Loss Solutions®**  
EHL Campus Support Group  
Monday, Sept. 4th  
CANCELLED due to holiday.  
*Happy Labor Day from EHL!*

Tuesday, Sept. 19th  
12:30 - 1:30 pm  
@ Main Campus

**Alzheimer's Support Group**  
Thursday, Sept. 7th & 21st  
1:30 - 3:30 pm  
@ Good Samaritan Society  
3500 Hilyard Street, Eugene

## September Spotlight:

### The EHL Newsletter Team

This month we are **Spotlighting** the **EHL Newsletter Team**. This newsletter is brought to you each month thanks to the contributions of three EHL employees, who all have other primary responsibilities on our campus.

**Bridget** is our **Community Coordinator** and is responsible for the Recreation Department and our Adult Day Program, "The Club". She also coordinates all of our events, our educational series on memory loss, and our community networking and marketing. She has been with EHL since June 2014. **Bridget is responsible for writing articles and taking photos for the newsletter.**

**Marianne** is our **HR Assistant** and her responsibilities include recruiting and hiring staff, tracking training requirements, benefits administration, and other HR functions. She has been with EHL since April 2015. **Marianne is in charge of the layout and graphic design of the newsletter each month.**

**Kate** is our **Executive Assistant**. She works directly for Geriatric Nurse Practitioner and co-owner, Liz von Wellsheim. She handles her schedule and calendar, processes orders written for our residents and assists with the day-to-day operations of EHL's health center. She has been with EHL since August 2016. **Kate is our newsletter editor and occasional article writer.**



Bridget



Marianne



Kate

## EMPLOYEE SPOTLIGHT

### Molly @ Health Center

We are pleased to announce that Molly is our September 2017 Employee of the Month!



Molly was born in Eugene and grew up in Springfield. When asked about her family, she shared that, "I have the coolest parents ever! I also have one younger brother, Nick, my husband, Jordan, and our chocolate lab, Gunner. AND... baby Mya is on her way!" Molly and Jordan are expecting their first child later this year. Molly also shared that she loves soccer (she used to play in college at OIT!) and she is a big fan of the outdoors.

Molly has been a part of the EHL community since April 2012. She started as a caregiver and is now one of our Health Services Coordinators. When asked why she likes working at EHL, Molly replied, "I love the people I work with and the residents I get to help. I couldn't have asked for a better team to be a part of."

*Molly's Words of Wisdom:* "Be silly. Be honest. Be kind."--Ralph Waldo Emerson

Thank you, Molly, for your hard work, your dedication, and for being a part of our EHL team!

## In Remembrance

### Gary Freeman

Gary came to EHL in May of 2007. Evette, Resident Coordinator in our Cedar Home, shared with us that, "Gary was a very soft-spoken and kind-hearted soul. He had an infectious smile. He was a huge Duck fan and everyone enjoyed stopping in and talking with him about their wins or losses. We will miss him." Gary passed away at the age of 84.

### John Barry

John came to EHL in March of 2017. Margie, Resident Coordinator in our Mt. Hood Home, shared that, "John had a wonderful sense of humor. He was known for making the comment 'I'll be back' and this always made everyone laugh. We will miss him very dearly." John passed away at the age of 93.

### Eleanor Wiggins

Eleanor came to EHL in August of 2017. Dee Dee, Resident Coordinator in our Birch Home, shared that, "Eleanor was here with us for such a short time, but in that time we learned she had a beautiful smile and she had a very kind heart... and she loved Country music!" Eleanor passed away at the age of 89.

### David Wilcoxon

David came to EHL in April of 2016. Sharon, Resident Coordinator in our Diamond Peak Home, shared that, "David had spent a lot of time traveling the world, and had a map in his room to document all the places he had been. He loved the Chicago Cubs! We will miss him and his stories." David passed away at the age of 69.

## Harvest of the Month

The Harvest of the Month for **September** is Organic Carrots from Horton Road Organics in Blachly, OR.

We also purchase lettuce and beets from Horton Road Organics in September!



## EHL Activity Corner

Friday, Sept. 1st @ 1:30 hosted at **The Park**  
Posse Creek Swing Band Labor Day Concert!

Friday, Sept. 8th @ 1:45 hosted at **The Park**  
U of O Football Tailgate Party!

Tuesday, Sept. 19th @ 1:45 hosted by **Mt. Hood Home**  
Noodle Hockey!

Thursday, Sept. 28th @ 1:45 hosted by **The Club**  
Birthday Bash!



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