



# COMMUNITY MATTERS

VOL. 11  
ISSUE 10

MONTHLY NEWSLETTER

[www.elderhealthandliving.com](http://www.elderhealthandliving.com)

## NEWS from The Club

October marks the one-year anniversary of the opening of The Club, our adult day health program for persons with memory loss. We have had a full year of great activities, outings, art, singing, dancing, and laughter. We enjoy our weekly outings, with some favorite locations being Shari's for pie, golf putting at Oakway Golf Club, and Frisbee in the park. Popular activities include weekly art classes, bingo, ping-pong, and sing-alongs.



The Club at ElderHealth & Living has around 15 members that have become a wonderful group of friends, enjoying each other's company, socializing while visiting over the paper with coffee in the morning, and making for a lively group for games and activities in the afternoon. The Club is a wonderful addition to the EHL community and we look forward to many more adventures and good times ahead, with new and old friends alike.

For more information about The Club, contact Bridget @ 541-747-1755

## Support Groups

**Memory Loss Solutions®**  
EHL Campus Support Group

**Monday, October 5th**  
5:00 - 6:00 pm  
@ Main Campus

**Tuesday, October 20th**  
12:30 - 1:30 pm  
@ Main Campus

**Alzheimer's Support Group**  
**Thursday, October 1st & 15th**  
2:00 - 4:00 pm  
@ Good Samaritan Society  
3500 Hilyard Street, Eugene

## Fundraising @ EHL

October 11th is the date of the local **Walk to End Alzheimer's** and EHL has a few fun fundraising activities going on around campus for this annual event, which is moving to end Alzheimer's.



On September 24th, we have our annual Spaghetti Feed with a suggested donation of \$10 per person or \$25 per family; all donations go directly to the Walk to End Alzheimer's.

Get involved in the friendly competition of Penny Wars, each home or department on campus has a container to collect pennies towards the cause. The House or Department with the highest \$\$ amount raised wins a prize!

Finally, purchase a raffle ticket to support your favorite team, **The Ducks** or **The Beavers!** Each raffle ticket can be purchased for \$1 for one ticket or \$5 for six tickets. Winners of the raffle will receive a gift basket full of Duck or Beaver goodies!

## New Residents

Our pet therapy here at EHL has apparently expanded beyond our wonderful cats, dogs, visits from Zany Zoo, and adorable Camas the Llama... to wild Turkeys...!?!?

As you can imagine, we have really been enjoying watching our newest community members wandering about the campus.



## EMPLOYEE SPOTLIGHT

### Linda @ Environmental Services

We are pleased to announce that Linda is our October, 2015 Employee of the Month!



Linda was born in Rapid City, South Dakota, and grew up in Days Creek, Oregon. She has three grown sons (two of which are twins), two granddaughters, and another grandchild on the way. She also has two cats, that she describes as “spoiled”. She has a strong love for her family, God, and her church.

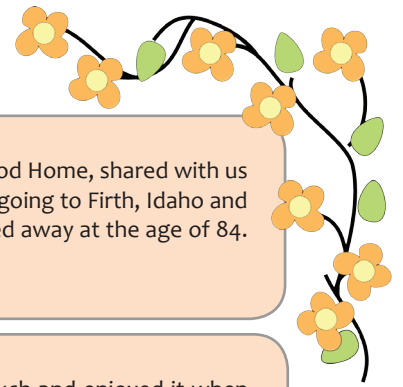
Linda has been a part of the EHL community since January, 2014. She works as the Housekeeper for our Environmental Services Department. When asked why she likes working at EHL, Linda replied, “All the employees and the owners are very kind and caring. I don’t have any stress. I really love all the residents, they each have a special place in my heart.”

*Words of Wisdom:* “A day without laughter is a day wasted.” - Charlie Chaplin

*Thank you, Linda, for always having a smile on your face, for your hard work, and for being a part of our EHL team!*

## In Remembrance

*“When someone you love becomes a memory, the memory becomes a treasure.”*



*Carolyn Towne* came to EHL in March of 2014. Jessica, Resident Coordinator in our Redwood Home, shared with us that Carolyn “was a very gentle and kind woman who cared for everybody. She always talked about going to Firth, Idaho and about her five children. She enjoyed going to the salon weekly, her children and the dog.” She passed away at the age of 84. We will miss her smile and her singing.

*Sylvia Barker* came to EHL in December of 2011. Sylvia loved her granddaughter very much and enjoyed it when she came to visit. “We enjoyed how she teased everyone here at EHL. We will all miss her very much,” says our Resident Coordinator, Margie, at our Cedar Home. She passed away at the age of 95 and we will greatly miss her presence at EHL.

*Wanda Drake* came to EHL in September of 2009. Stephanie, Resident Coordinator in our Cascade Home, shared with us that Wanda “loved to sing and always had a smile on her face. She was known as the ping-pong champion here at EHL.” She passed away at the age of 88. She will be dearly missed.



Happy Halloween  
From  
ElderHealth & Living

## Come Join Us!

### EHL Activity Corner

**Tuesday, October 6th @ 1:45** hosted by **Cascade Home**  
**Balloon Volley**

**Friday, October 9th @ 1:45** hosted by **Aspen Home**  
**Zany Zoo**

**Wednesday, October 21st @ 1:30** hosted by **Willow Home**  
**Knitting & Crochet Club**

**Friday, October 30th @ 1:45** hosted by **Mt. Hood Home**  
**Masquerade Party**



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