

COMMUNITY MATTERS

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MONTHLY NEWSLETTER

www.elderhealthandliving.com

Wellness Matters!!

At EHL we have a commitment to wellness for our residents and staff. Last month we had two GetFit challenges taking place. Our 30 walks in 30 days challenge was for all the homes and departments on our campus, the challenge was to take residents on 30 walks in 30 days. *Congratulations* to the Willow and Aspen homes as well as the Health Center in completing the challenge! Keep up the good work!

Our second GetFit challenge was for staff, and that was to try a new workout 3 times a week for two weeks. *Congratulations* to Michelle Dollman, Dawn Brown, Molly Brabham and Barbie Poulson for completing the challenge!

ElderHealth & Living *In the Media*



We are so pleased to have had such a great article in the Register Guard on The Club, our adult day program. The article focused on one family's journey with memory loss, the impact it has had and the resources and support they have found along the way. Thank you to Neil and Liz Cawood for sharing their story and letting people know about the benefits of our program and facility. In case you missed it you can find a link to the article on our Facebook page.

For more information about The Club, contact Bridget @ 541.747.1755

Hummingbird Wholesale, one of our superb local sources for organic foods, has taken the time to create a wonderful video highlighting our partnership with them. We are pleased that in working together, we continue to improve the health and happiness of our residents, families and staff.



Watch the Video: <https://youtu.be/PowlgGW0NP8>

Support Groups

Memory Loss Solutions®
EHL Campus Support Group

Monday, **May 4th**
5:00-6:00pm

@ Main Campus

Tuesday, **May 19th**
12:30-1:30pm

@ Main Campus

Alzheimer's Support Group

Thursday, **May 7th & 21st**
2:00-4:00pm

@ Good Samaritan Society
3500 Hilyard Street, Eugene

Employee of the Month



Sharon Durrant, Resident Coordinator
Diamond Peak Home

Sharon is a very dedicated employee and has a wonderful connection with our residents, their families and other staff. She has been with EHL since 2006, initially as Direct Care Staff, then advancing to the Resident Coordinator position.

Thanks for all that you do, Sharon!!

New Name Tag Design for EHL Employees

Have you ever been on campus and wondered how long someone has worked at EHL? Have you ever wanted to welcome new employees to the EHL community? Now you can look for the colored sun on their name tags to know how long someone has worked at EHL and to welcome new folks & congratulate 'old' folks.



Employed @ EHL less than 1 year

Laura Mitchell, Direct Care Staff: "I love working at EHL because our standards for love and care for our residents is nothing short of exemplary." (5 mo. of dedication)



Employed @ EHL 1-3 years

Barbie Poulson, Recreation Assistant @ The Club: "I adore my job because I'm able to send every Club member home with a big smile." (3 yrs of dedication)



Employed @ EHL 3-5 years

Jennifer Littrel, Payroll & Benefits Coordinator: "I love that EHL is locally owned and the owners work alongside us each and every day." (4 yrs of dedication)



Employed @ EHL 5-10 years

Amee Hughey, Resident Coordinator: "I like working at EHL because we are able to help people who really need help." (9 yrs of dedication)

Soon, we will be celebrating EHL's 10 Year Anniversary!

To Be Revealed Soon!

Employed @ EHL 10+ years

In Remembrance

Richard "Dick" Burdette, Came to EHL in 2012 and resided in our Mt. Hood Home. Dick loved talking about basketball and chatting with the other residents and visitors. He will be dearly missed by all.

Homer Wells, came to EHL in 2011 and resided in our Mt. Hood Home. Homer loved animals, walks, watching sports, reading the newspaper and visiting with his loving wife, Pat. We will all miss Homer's kind smiles and laughter.

Beverly Teissere, came to EHL in 2008 and resided at our Willow Home. Bev was the heart of the Willow Home her smile and bright eyes lit up the room. She gave wonderful hugs! Bev will be missed by everyone who came into contact with her.

Hermann Clahsen, came to EHL in 2014 and resided in our Diamond Peak Home. Hermann loved his dogs, visits from his partner, Marcia, walks and all of our EHL outings. He will truly be missed.



"Fond Memories brings the light of other days around me." T. Moore

Come Join Us!

EHL ACTIVITY CORNER

Fri, May 1st @ 1:45 hosted by Mt. Vernon Home
May Baskets

Fri, May 15th @ 1:45 hosted by D. Peak Home
Harpist Jane Allen



Wed, May 20th @ 1:45 hosted by Aspen Home
Lydia Lord Piano Music

Fri, May 29th @ 1:45 hosted by D. Peak Home
1940's Big Band Dance



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