

# COMMUNITY MATTERS



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ISSUE 3

MONTHLY NEWSLETTER

[www.elderhealthandliving.com](http://www.elderhealthandliving.com)

## Menu Update!

We've been cooking up a storm in our kitchens this month! Danielle Hummel, our Sustainable Food Services Coordinator, is in the process of revamping our menus to include more meals that our residents love. We are also upgrading our recipes to include step-by-step pictures so they are easier for staff to follow. If you'd like a copy of the new EHL Cookbook, please let us know by contacting the front desk!



Mary



Danielle

## Support Groups

**Memory Loss Solutions®**  
EHL Campus Support Group

**Monday, March 7th**  
5:00 - 6:00 pm  
@ Main Campus

**Tuesday, March 15th**  
12:30 - 1:30 pm  
@ Main Campus

**Alzheimer's Support Group**  
**Thursday, March 3rd & 17th**  
1:30 - 3:30 pm  
@ Good Samaritan Society  
3500 Hilyard Street, Eugene



Sweetheart Party

## Thank You!

Thank you to everyone who was able to attend our Sweetheart Party at The Club and in our homes! We had such a fun evening of music, desserts, and great company. It was wonderful to see so many family members and residents together having a good time and we always enjoy an opportunity for us all to come together as a community.

Special thanks to our own **Michael Hall, Sherron Swenson, and Shelly Emerson** for the wonderful music and entertainment.

# EMPLOYEE SPOTLIGHT

## Dawn @ Health Center

We are pleased to announce that Dawn is our March, 2016 Employee of the Month!



Dawn was born and grew up in Eau Claire, Wisconsin. She is married and has two daughters, along with a dog named “Monkey”, two frogs, two guinea pigs, and four chickens! Dawn enjoys spending time with her family camping, traveling, and hiking. She also enjoys gardening, yoga, and reading.

Dawn has been a part of the EHL community since January, 2014. She is our Family Nurse Practitioner. When asked why she likes working at EHL, Dawn replied, “It’s like family!”.

*Words of Wisdom:* “You can only see things clearly with your heart. What is essential is invisible to the eye.” – Antoine de Saint-Exupéry, from **The Little Prince**.

*Thank you, Dawn, for your hard work, your dedication, and for being a part of our EHL team!*

## Horizons

by Darla Louise West.

In memory of her father, Darle West.

*There is a kind of light that the angels talk about.*

*It moves through our rivers and streams and into the hearts of loved ones.*

*It crosses over prairies and stops to kiss the petals of a flower.*

*It lands on the wing of a bird and takes us to a place where only the spirit knows.*

*That light will shine forever.*

*And the angels say not to weep. That the silence now is the new dawn drinking from the stars.*

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## In Remembrance

*Helen Foell* came to EHL in March of 2014. Alexis, Resident Coordinator in our Cascade home, commented that “Helen was one of the sweetest ladies I have ever met. She is missed so much at the Cascade home.” She passed away at the age of 87. We will treasure the time we spent with her.

*Lawrence “Dean” Olin* came to EHL in September of 2015. Diamond Peak Resident Coordinator Sharon stated, “Dean was a quiet man. He loved the staff and would smile when they would sit with him. He also had a sense of humor and loved a good joke.” He passed away at the age of 89. We will miss his sweet smile and big belly laugh.

*Darle West* came to EHL in July of 2014. Ameer, Resident Coordinator in our Willow home, shared with us that, “Darle was a quiet presence in our home. The Willow staff will miss his attention to detail and his occasional smile and nods of approval. It was our pleasure to become friends with Darle and his family.” Darle passed away at the age of 92. He will be missed.

### Come Join Us!

#### EHL Activity Corner

- Thursday, March 3rd @ 1:45 hosted by Willow Home St. Patrick’s Shamrocks
- Thursday, March 17th @ 1:45 hosted by Redwood Home Card Making
- Wednesday, March 23rd @ 1:45 hosted by Cedar Home Easter Tea Party
- Wednesday, March 30th @ 1:45 hosted by Diamond Peak Bean Bag Toss

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