



COMMUNITY MATTERS

VOL. 11
ISSUE 12

MONTHLY NEWSLETTER

www.elderhealthandliving.com

“What are you grateful for?”

As the end of the year draws near, we asked EHL employees what they were most grateful for this holiday season. Here is what they had to say!



“I am grateful for my family and all the cool people I get to meet at The Club!” - DJ, The Club

“I am grateful for my job, my family, my husband and his good health, and my co-workers.” - Sherron, Recreation Dept



“I am grateful for this wonderful community and each moment.” - Laura, Recreation Dept



“I am grateful for my family and being healthy.” - Margie, Cedar Home



“I am grateful for my family, my cat Shadow, friends, and creativity.” - Samantha, Recreation Dept



“I am grateful for my kids, my music, and my friends.” - Michael, Recreation Dept

“I am grateful for my family and good health.” - Barbie, The Club



“I am grateful for belly laughs!!” - Katy, Summit South

Support Groups

Memory Loss Solutions®
EHL Campus Support Group

Monday, **December 7th**
5:00 - 6:00 pm
@ Main Campus

Tuesday, **December 15th**
12:30 - 1:30 pm
@ Main Campus

Alzheimer’s Support Group
Thursday, **December 3rd & 17th**
2:00 - 4:00 pm
@ Good Samaritan Society
3500 Hilyard Street, Eugene

This holiday season we want to extend our warmest wishes to everyone that makes up the ElderHealth & Living community. We are full of gratitude and appreciation for our wonderful residents, their families, and our amazing staff.

Happy Holidays!



EMPLOYEE SPOTLIGHT

Brandi @ Health Center

We are pleased to announce that Brandi is our December, 2015 Employee of the Month!



Brandi was born in Los Angeles, California, and grew up in southern California. She has a son, age 12, and a daughter, age 7, a wonderful boyfriend, and a cat named Waffles (whom she claims as her third child). She states she has an eccentric family that loves comic books, Star Wars, and Transformers.

Brandi has been a part of the EHL community since October, 2009. She works as our Shift Supervisor Coordinator. When asked why she likes working at EHL, Brandi replied, "Being an advocate for those who wouldn't otherwise be able to advocate for themselves is something I feel very passionate about".

Words of Wisdom: "Fate rarely calls upon us at a moment of our choosing." - Optimus Prime
Thank you, Brandi, for your hard work, your dedication, and for being a part of our EHL team!

"Unforgettable" Music Program

In November, we added an exciting, fun, new music program on our campus. We have partnered with the SHEDD Institute to participate in their "Unforgettable" program where they bring musicians in weekly to perform and participate in a sing-along with residents. The SHEDD developed this program specifically for people living in memory loss communities as a way to connect with, and enhance the lives of, the residents. The sing-a-long program is offered in a different home on campus each week, with one week being at The Club. Similar to our other activities and sing-a-longs, there will be the opportunity for residents to come over to the house that is hosting that week to enjoy the music and join along in the singing.



In Remembrance

"What we have once enjoyed deeply we can never lose. All that we love deeply becomes a part of us." -Helen Keller

Harry Peters came to EHL in September of 2014. Jackie, Resident Coordinator at our Birch Home, stated "Harry had the sweetest smile. He was a very kind and tender man. He loved his family and was very proud of them. We are very thankful to his family for allowing us to love Harry and sharing their Dad with us." He passed away at the age of 88 and we will greatly miss his presence at EHL.

William "Carroll" Boals came to EHL in September of 2014. Sharon, Resident Coordinator at our Diamond Peak Home, shared with us that "Carroll was a family man. He was very loving and very thankful to all the care he received. He would often say thank you to the staff." Carroll passed away at the age of 88. We will miss him and his wonderful family.



Come Join Us!

EHL Activity Corner

Wednesday, December 2nd @ 1:45 hosted by Cedar Home
Making Pinecone Ornaments

Wednesday, December 16th @ 1:45 hosted by Aspen Home
Lydia Lord Piano Music

Tuesday, December 22nd @ 2:00 hosted by The Club
"Unforgettable" Sing-a-Long



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