



# COMMUNITY MATTERS

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ISSUE 8

MONTHLY NEWSLETTER

www.elderhealthandliving.com

## A Letter From the Owners

Dear Friends, Families and Staff,

We want to take a moment as we celebrate ElderHealth & Living's 11th Anniversary to reflect on what we have done and where we are going, as Nancy and I age in place!!

In the past 11 years, all of our homes have been remodeled, refurbished and have received new **RED ROOFS**. We have created a Park with beautiful landscaping, a fun mural and additional space for friends and families to gather.

Our staff size has nearly doubled, and with that, we have designed new and expanded training programs for both recently hired and current staff. Our campus has embraced commitment to a sustainable environment with our commercial composting, extensive recycling and the concept of reusable products, not disposable, wherever possible.

This past year we have implemented a medical management program with OPTUM through United Healthcare. This program allows for our nurse practitioners to follow residents closely and prevent small health problems from becoming large medical emergencies.

This year we hope to add an electronic health record into each home to improve our medication administration system, documentation and care planning for each resident. We will be expanding the activities in the Park and Club so families have places to visit other than in the homes.

Thank you all for your patience and support as we have gone through the growing pains of implementing OPTUM. Thank you for entrusting us with your loved one, for coming to Music in the Meadow, for treating our staff with respect and kindness and for being a part of our village.

With gratitude, *Liz and Nancy*

## Support Groups

**Memory Loss Solutions®**  
**EHL Campus Support Group**

**Monday, August 7th**

5:00 - 6:00 pm

@ Main Campus

**Tuesday, August 15th**

12:30 - 1:30 pm

@ Main Campus

**Alzheimer's Support Group**  
**Thursday, August 3rd & 17th**

1:30 - 3:30 pm

@ Good Samaritan Society  
3500 Hilyard Street, Eugene

## Music in the Meadow

Thank you to everyone who joined us for our annual **Music in the Meadow** event on July 12th. We had a lovely evening of visiting, good food, and wonderful music from the Springfield Orchestra!

*We look forward to seeing you  
all again next year!*



## EMPLOYEE SPOTLIGHT

### Jessica @ Birch Home

We are pleased to announce that Jessica is our August 2017 Employee of the Month!



Jessica was born in Eugene and grew up in the Eugene/Springfield area. When asked about her family, she shared that her mom is her best friend and she has one brother and one sister. She also has a boyfriend (Freddy), one dog (Josie, aka "Lovebug"), and two cats (Oreo & Dutchess). In her free time she loves doing arts and crafts. She and Freddy also like doing projects around the house, especially woodworking projects.

Jessica has been a part of the EHL community since December 2006. She works as Direct Care Staff for the Birch Home. When asked why she likes working at EHL, Jessica replied, "I love the residents and learning new things about memory loss. I also enjoy helping others learn as well, sharing my knowledge at work and outside of work."

*Jessica's Words of Wisdom:* "Success isn't about how much money you make, it's about the difference you make in people's lives."--Michelle Obama

Thank you, Jessica, for your hard work, your dedication, and for being a part of our EHL team!

## In Remembrance

### Deloris Ward

Deloris came to EHL in April of 2017. Dee Dee, Resident Coordinator in our Birch Home, shared with us that, "Deloris was a very active member of our Birch Home. She loved her daughters and her dog, Nacho. She was very helpful with others and loved to dance. She will be missed." Deloris passed away at the age of 79.

### Florence Angermayer

Florence came to EHL in March of 2015. Amber, Resident Coordinator in our Aspen Home, shared that, "Florence was a woman of wisdom whose smile could brighten a room. She loved to talk about her past experiences, which included traveling and raising her two boys. She will be forever in our hearts." Florence passed away at the age of 92.

### Jeri Nesbitt

Jeri came to EHL in September of 2016. David, Health Services Coordinator, shared that, "Jeri was well known for her very direct and dry sense of humor. This gave her an unforgettable charm. Those who knew her best will miss the fun back and forth banter that went along with her sense of humor." Jeri passed away at the age of 93.

## Harvest of the Month

The Harvest of the Month for **August** is Tomatoes from Thistledown Farm in Junction City, OR.



A short drive north of Eugene, the Thistledown Farm grows over seventy varieties of fruits and vegetables. This multi-generation farm has been growing food in the area since 1972. We encourage you to visit their farm stand where you can buy not only their tasty produce, but also flowers, homemade pies, and fresh apple cider.



## Join the EHL Team!

Each year, EHL participates in the **Walk to End Alzheimer's**. This year's event is on October 8th and we invite you to join us. Our team name is Team EHL & Friends and you can sign up online at: <http://act.alz.org/goto/teamehlfriends>.


## EHL Activity Corner

**Wednesday, Aug. 2nd @ 1:45** hosted by **D. Peak Home**  
Baseball Trivia! 

**Wednesday, Aug. 9th @ 1:45** hosted by **Willow Home**  
Sun Craft! 

**Friday, Aug. 11th @ 1:45** hosted by **The Club**  
Elvis! 

**Thursday, Aug. 17th @ 1:45** hosted by **Mt. Vernon Home**  
50's Music Fun! 

**Friday, Aug. 25th @ 1:45** hosted by **Birch Home**  
Dancercise Class! 



*please join us*



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