

April 2013 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Daily One on One</u></p> <p>One on ones occur twelve hours a day Seven Days a Week and Include: <i>Walks, exercise, arts & crafts, therapeutic music, conversation, reading, games, nail care, makeovers.</i></p>			<p><u>Evening Night Caps</u></p> <p>Evening Activities Tailored to Meet the Needs of Residents in their Own Homes: <i>Evening Stretch, Exercise, Arts and Crafts, Sing –a-longs, Board Games, Card Games, Word Games, Literature, Current Events</i></p>			
	<p>1 APRIL FOOL'S DAY</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Scenic Van Ride w/ Birch, Aspen, Cascade</p> <p>1:45 GAMES: Bingo @ D. Peak & Aspen</p> <p>3:30 Sing-a-long w/ John @ Group 1 Homes</p> <p>Evening Night Caps @ All Homes</p>	<p>2</p> <p>10:00 Rise & Shine-All Homes</p> <p>10:00 Pet Therapy: Pam & Tucker @ Willow, Aspen, Birch, Cedar</p> <p>12:30 Trip: Work Out @ Willamalane Recreation Center</p> <p>1:45 CRAFT: April Birthday Cards @ Willow</p> <p>Evening Night Caps @ All Homes</p>	<p>3</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Scenic Van Ride w/ Mt. Vernon, Mt. Hood, Diamond Peak</p> <p>1:45 ACTIVE GAME: Bowling and Ring Toss @ Mt. Vernon</p> <p>1:45 ACTIVE GAME: Bowling and Ring Toss @ Redwood</p> <p>Evening Night Caps @ All Homes</p>	<p>4 SALON DAY</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Trip: Bi Mart Shopping</p> <p>1:45 BIRTHDAY CLUB</p> <p>Evening Night Caps @ All Homes</p>	<p>5 SALON DAY</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Scenic Van Ride w/ Cedar, Redwood, Willow</p> <p>1:45 MUSIC: EHL Community Sing-a-long @ Mt. Hood</p> <p>3:15 MUSIC: Summit South Singers @ Summit South</p> <p>Evening Night Caps @ All Homes</p>	<p>6</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:00 Mid-Day Motion @ Group 2 Homes</p> <p>2:00 SPIRITUAL: Saturday Spirit @ Aspen</p> <p>Evening Night Caps @ All Homes</p>
<p>7</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:00 Mid-Day Motion @ Group 1 Homes</p> <p>1:45 SPIRITUAL: Sunday Spirit @ Mt. Hood</p> <p>Evening Night Caps @ All Homes</p>	<p>8</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Scenic Van Ride w/ Birch, Aspen, Cascade</p> <p>1:45 GAMES: Bingo @ Aspen & Mt. Hood</p> <p>3:30 Sing-a-long w/ John @ Group 2 Homes</p> <p>Evening Night Caps @ All Homes</p>	<p>9</p> <p>10:00 Rise & Shine-All Homes</p> <p>10:30 Pet Therapy: Camas the Llama @ Mt. Vernon, Summit</p> <p>12:30 Trip: Work Out @ Willamalane Recreation Center</p> <p>1:45 Culinary Craft: Spanish Club @ Redwood</p> <p>Evening Night Caps @ All Homes</p>	<p>10</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Scenic Van Ride w/ Mt. Vernon, Mt. Hood, Diamond Peak</p> <p>1:45 ACTIVE GAME: Bean Bag Toss @ Mt. Vernon</p> <p>3:00 ENTERTAINER: Elvis @ Diamond Peak</p> <p>Evening Night Caps @ All Homes</p>	<p>11 SALON DAY</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Trip: Walk With Us @ Alton Baker Park</p> <p>1:45 PARTY: Spanish Club @ Mt. Hood</p> <p>Evening Night Caps @ All Homes</p>	<p>12 SALON DAY</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Scenic Van Ride w/ Cedar, Redwood, Willow</p> <p>1:45 MUSIC: EHL Community Sing-a-long @ Diamond Peak</p> <p>3:15 MUSIC: Summit South Singers @ Summit South</p> <p>Evening Night Caps @ All Homes</p>	<p>13</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:00 Mid-Day Motion @ Group 2 Homes</p> <p>2:00 SPIRITUAL: Saturday Spirit @ Aspen</p> <p>Evening Night Caps @ All Homes</p>

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<p>14</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:00 Mid-Day Motion @ Group 1 Homes</p> <p>1:45 SPIRITUAL: Sunday Spirit @ Redwood</p> <p>Evening Night Caps @ All Homes</p>	<p>15</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Scenic Van Ride w/ Birch, Aspen, Cascade</p> <p>1:45 GAMES: Bingo @ Diamond Peak & Aspen</p> <p>3:30 Sing-a-long w/ John @ Group 1 Homes</p> <p>Evening Night Caps @ All Homes</p>	<p>16</p> <p>10:00 Rise & Shine-All Homes</p> <p>10:00 Pet Therapy: Pam & Tucker @ Redwood, Cascade, Summit, Mt. Hood</p> <p>12:30 Trip: Work Out @ Willamalane Recreation Center</p> <p>1:45 Watercolor Craft: Tulips @ Cedar</p> <p>Evening Night Caps @ All Homes</p>	<p>17</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Scenic Van Ride w/ Mt. Vernon, Mt. Hood, Diamond Peak</p> <p>1:45 ACTIVE GAME: Ping-Pong @ Willow</p> <p>1:45 ACTIVE GAME: Badminton @ Redwood</p> <p>Evening Night Caps @ All Homes</p>	<p>18 SALON DAY</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Trip: Thurston Book Exchange</p> <p>1:45 ENTERTAINMENT: Two Doors Down @ Diamond Peak</p> <p>Evening Night Caps @ All Homes</p>	<p>19 SALON DAY</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Scenic Van Ride w/ Cedar, Redwood, Willow</p> <p>1:45 MUSIC: EHL Community Sing-a-long @ Mt. Hood</p> <p>3:15 MUSIC: Summit South Singers @ Summit South</p> <p>Evening Night Caps @ All Homes</p>	<p>20</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:00 Mid-Day Motion @ Group 2 Homes</p> <p>2:00 SPIRITUAL: Saturday Spirit @ Aspen</p> <p>Evening Night Caps @ All Homes</p>
<p>21</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:00 Mid-Day Motion @ Group 1 Homes</p> <p>1:45 SPIRITUAL: Sunday Spirit @ Mt. Hood</p> <p>Evening Night Caps @ All Homes</p>	<p>22</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Scenic Van Ride w/ Birch, Aspen, Cascade</p> <p>1:45 GAMES: Bingo @ Aspen & Mt. Hood</p> <p>3:30 Sing-a-long w/ John @ Group 2 Homes</p> <p>Evening Night Caps @ All Homes</p>	<p>23</p> <p>10:00 Rise & Shine-All Homes</p> <p>10:00 Pet Therapy: Buddy The Horse @ Diamond Peak, Mt. Hood, Mt. Vernon</p> <p>12:30 Trip: Work Out @ Willamalane Recreation Center</p> <p>1:45 Garden Craft: Garden Party Flower Arranging @ Redwood</p> <p>Evening Night Caps @ All Homes</p>	<p>24</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Scenic Van Ride w/ Mt. Vernon, Mt. Hood, Diamond Peak</p> <p>1:45 ACTIVE GAME: Corn Hole Toss @ Willow</p> <p>3:00 ENTERTAINER: Elvis @ Cascade</p> <p>Evening Night Caps @ All Homes</p>	<p>25 SALON DAY</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Trip: Bi Mart Shopping</p> <p>1:45 Party: Garden Party @ Mt. Vernon</p> <p>Evening Night Caps @ All Homes</p>	<p>26 SALON DAY</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Scenic Van Ride w/ Cedar, Redwood, Willow</p> <p>1:45 MUSIC: EHL Community Sing-a-long @ Diamond Peak</p> <p>3:15 MUSIC: Summit South Singers @ Summit South</p> <p>Evening Night Caps @ All Homes</p>	<p>27</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:00 Craft: Bulletin Boards @ All Homes</p> <p>2:00 SPIRITUAL: Saturday Spirit @ Aspen</p> <p>Evening Night Caps @ All Homes</p>
<p>28</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:00 Mid-Day Motion @ Group 1 Homes</p> <p>1:45 SPIRITUAL: Sunday Spirit @ Cascade</p> <p>Evening Night Caps @ All Homes</p>	<p>29</p> <p>10:00 Rise & Shine-All Homes</p> <p>1:15 Scenic Van Ride w/ Birch, Aspen, Cascade</p> <p>1:45 GAMES: Bingo @ Diamond Peak & Aspen</p> <p>3:30 Sing-a-long w/ John @ Group 1 Homes</p> <p>Evening Night Caps @ All Homes</p>	<p>30</p> <p>10:00 Rise & Shine-All Homes</p> <p>12:30 Trip: Work Out @ Willamalane Recreation Center</p> <p>1:45 Craft: May Day Baskets & Water Color Craft @ Mt. Vernon</p> <p>Evening Night Caps @ All Homes</p>	<p><u>Daily One on One</u></p> <p>Walks, exercise,</p> <p>arts & crafts, therapeutic music, conversation,</p> <p>reading, games, nail care,</p> <p>makeovers.</p>			