



# COMMUNITY MATTERS

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MONTHLY NEWSLETTER

www.elderhealthandliving.com

## Harvest of the Month

The Harvest of the Month for **March** is organic cornmeal from William's Hudson Bay Farm. The cornmeal is milled at Fairhaven Organic Flour Mill in Washington and purchased through Hummingbird Wholesale.

*All of our homes make fresh, homemade cornbread to serve with our various chili recipes.*



## March Spotlight: The Club

This month we are **Spotlighting The Club**, our adult day program for people with memory loss. The Club is part of our Recreation Department and is designed for people that are still living at home but need socialization with others. Participants at The Club engage in activities such as community trips, art classes, and exercising.

The wife of Dan, one of The Club's members, recently sent a note letting us know how much of a difference The Club has made for she and her husband. She shared that, "Dan absolutely loves going to The Club and looks forward to it... and I'm doing better with him at home."

Recreation staff member Cassidy says, "the best part of working in The Club is meeting so many new people and making them happy. Also seeing how happy it makes the families."



## Support Groups

**Memory Loss Solutions®**  
EHL Campus Support Group

**Monday, March 6th**

5:00 - 6:00 pm

@ Main Campus

**Tuesday, March 21st**

12:30 - 1:30 pm

@ Main Campus

**Alzheimer's Support Group**  
**Thursday, March 2nd & 16th**

1:30 - 3:30 pm

@ Good Samaritan Society  
3500 Hilyard Street, Eugene

## Seeking Hair Stylist

We are seeking a Licensed Hair Stylist to lease space on our EHL campus. We are looking for someone who enjoys providing shampoo and sets, haircuts, perms, and occasional coloring. Must be interested in making a meaningful difference in the lives of our residents, be compassionate and patient, and have the ability to work three days per week.

*Interested?*

Contact **Bridget** at **541.747.4858!**



## EMPLOYEE SPOTLIGHT

### Megan @ Health Center



Megan was born and grew up in Grants Pass, OR. She has a big family, including her loving parents, two brothers, a sister, and six nieces and nephews! Her family also consists of her partner of seven years, Ryan, and their two rescue dogs, Merlin & Pearl (pictured here with Megan). Rescue dogs are a passion of hers - she has found and reunited 13 dogs with their owners. She also fosters fearful dogs to help rehabilitate them.

Megan has been a part of the EHL community since March 2016. She works as a Shift Supervisor in the Health Center. When asked why she likes working at EHL, Megan replied, "I love creating joy and positivity. Each day I go home smiling and proud of the work we do here at EHL."

*Megan's Words of Wisdom:* "Be yourself, everyone else is already taken."--Oscar Wilde  
Thank you, Megan, for your hard work, your dedication, and for being a part of our EHL team!

## In Remembrance



### Sally McAlonan

Sally came to EHL in September of 2016. Amber, Resident Coordinator in our Aspen Home, shared that, "Sally was a kind soul with a beautiful smile. She was known for her love of music and her excellent dance moves. She loved to be silly and her presence will be greatly missed." Sally passed away at the age of 60.

### Harry "Joe" Blanton

Harry "Joe" came to EHL in March of 2016. Margie, Resident Coordinator in our Mt. Hood Home, commented that, "We always loved the way he put his own words and beat to the music in the home. We will miss his witty charm." Joe passed away at the age of 89. He will be missed dearly.

### George "Tom" Harding

George "Tom" came to EHL in July of 2011. Jackie, Resident Coordinator in our Redwood Home, commented that, "I had the pleasure of having Tom in my life for several years and I'm so thankful to his family for sharing him with us, allowing us to love him. He was such a kind man and he will be missed every day." Tom passed away at the age of 83.

### Leonard Warner

Leonard came to EHL in February of 2016. Vanesa, Resident Coordinator in our Mt. Vernon Home, shared that, "Leonard was a special man in our hearts. He had a beautiful smile and a beautiful spirit. He made a huge impact in our lives and we will always remember him and miss him." Leonard passed away at the age of 87.

### June Splonskowski

June came to EHL in August of 2015. Jessica, Direct Care Staff in our Birch Home, shared that, "June loved to go shopping or out to eat, and she loved talking about her children and grandchildren. I will miss her giggles and her sense of humor." June passed away at the age of 84. We will miss her smile.

## EHL Activity Corner

**Monday, Mar. 6th @ 1:45** hosted by **Redwood Home**  
Twig Frame Crafts

**Tuesday, Mar. 14th @ 2:00** hosted by **Cascade Home**  
Shamrock Crafts

**Friday, Mar. 17th @ 1:45** hosted by **The Club**  
Elvis & St. Patrick's Day Party!

**Friday, Mar. 31st @ 1:45** hosted by **Birch Home**  
Water Colors



**Come  
Join Us!**



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