### **ELDERHEALTH & LIVING**

JAN. 2015

# COMMUNITY MATTERS



MONTHLY NEWSLETTER

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from

**Elder**Health & Living

# Do you have a New Year's Resolution?



Crystal Moor, Direct Care Staff @ Diamond Peak Home: My resolution for 2015 is to spend more time with my family and friends.



Felipe Jimenez, Environmental Services Worker: My resolution for 2015 is to be focused on getting back into shape, drop some weight and stay away from fast food!



Margie Cantwell, Resident Coordinator @ Cedar Home: I am a bit of a procrastonator when it comes to home projects. So, for 2015 I am going to work on my follow-through and finish some of the projects that I've started!



Kira Howell, Administrative Assistant: For 2015 I wish for a happy & healthy family and also to learn some new recipes to broaden and sharpen my cooking skills!

## In Remembrance

Helen Furlong was born in Astoria, Oregon in 1922. She lived in Long Beach until she was about 10 years old and then her family moved to Portland. There, Helen attended Washington High School. Helen was a homemaker, and raised two sons and a daughter. She served as the PTA President, Treasurer and Secretary. She was a Boy Scout Den Mother, Girl Scout Leader and Census Taker. Helen enjoyed reading magazines, the Register Guard and listening to Country music and Gospel music. She loved playing Bingo, knitting, crocheting and sewing. Helen adored her children and grandchildren. Helen's warm, sweet smile will be missed greatly here at EHL.

Memory Loss Solutions® EHL Campus Support Group

Monday, Jan. 5th 5:00-6:00pm

Tuesday, Jan. 20th 12:30-1:30pm

@ Main Campus

Alzheimer's Support Group Facilitator: Liz von Wellsheim, GNP Thursday, Jan.15th 2:00-4:00pm

@ Good Samaritan Society3500 Hilyard Street, Eugene



# Announcement:

We are excited to announce that we have successfully installed our new phone system. We have already received positive feedback from staff and family members!! Going forward, if you have any problems trying to reach one of our homes, please call the business office (during business hours) @ 541.747.4858 or the Shift Supervisor (after hours & weekends) @ 541.852.3232.

Thank you for your patience through this process!!

### **Resident Spotlight:**

Joan Acker was born in Springfield, Illinois in 1924. She had a younger sister, Frannie, who passed away in 2010. Joan and Frannie had a close relationship and an adventurous childhood. They both learned to sail at a young age and loved sailing with their father in the summer months and on the weekends.



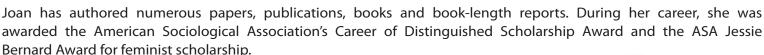
Joan attended Shortridge High School in Indianapolis. She received her B.A. from Hunter College in 1946, then her M.A. in Social Work at the University of Chicago's

School of Social Service Administration in 1948. She then obtained her Ph.D. in Sociology from the University of Oregon in 1967.

Joan had a stellar career as a feminist scholar and professor. In her career, she held the following positions: Field Instructor, School of Social Welfare, UC Berkeley; Director, Center for the Sociological Study of Women, UO; Director, Center for the Study of Women in Society, UO;

Research Professor, The Swedish Center for Working Life, Stockholm, Sweden; Professor, Department of Sociology, UO; Professor Emerita, Department of Sociology, UO.

In 1973, Joan helped found The Center for the Study of Women in Society at the University of Oregon.



Joan also raised three sons, Mike, Dave and Steve. Mike is an artist and



lives in California, Dave is a musician and lives in NYC and Steve is a scientist and lives in Oregon. Joan has two wonderful grandchildren, Lizzy and Michael, that she loves deeply.

Joan has been at ElderHealth & Living since September of 2014. She enjoys reading, watching CNN and visiting with staff. She is also very fond of the regular visits from her son Steve, her daughter-in-law, Lynda and her good friends, Don and Kate.





The Joy of Giving Back

Participants in 'The Club', our Adult Day Health Program, spent the last several weeks making holiday baskets for our business partners. They re-purposed used coffee cans into beautiful hand-decorated baskets and stuffed them with locally produced snacks, including nuts, dried fruit and coffee. We are excited to share these special gifts with the many community partners that make our programs possible. A big thank you to 'The Club''for their creative and hard work on this project!



### EMPLOYES OF THE MONTH

**DESTINY PATE, Cascade Home Lead** 

Destiny has gone above and beyond for Cascade Home and is doing an amazing job as Lead.

Thank you, Destiny, we are glad to have you on our team!

### LIISA JOHN, Office / IT Coordinator

Liisa has a super positive attitude and is professional and compassionate.

She has excellent response time to all help requests from our staff. She's also very warm and supportive with residents and families.

Thank you, Liisa, we are glad to have you on our team!





Memory Loss Solutions

