



COMMUNITY MATTERS



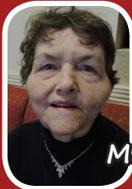
VOL. 12
ISSUE 12

MONTHLY NEWSLETTER

www.elderhealthandliving.com

Creating Joy at EHL

We recently asked our staff how they have created joy for a resident in the past couple weeks. Here are some of the wonderful responses!



Maxine

"I helped Maxine file and paint her nails and do her makeup. She loved it!"

Candie @ Redwood



Alfonso

"I talked with Alfonso over a cup of coffee in the morning about his hometown in New Mexico."

Leticia @ Diamond Peak



Elsabe

"I included Elsabe in cutting out leaves for the seasonal tree we have. She said she was so happy to be a part of it!"

Nikkole @ Mt. Vernon



Annie
(Arlene)

"I create joy for Annie by being extremely affectionate towards her. She loves hugs, cuddles, and handholding!"

Chloe @ Redwood

Support Groups

Memory Loss Solutions®
EHL Campus Support Group

Monday, **December 5th**

5:00 - 6:00 pm

@ Main Campus

Tuesday, **December 20th**

12:30 - 1:30 pm

@ Main Campus

Alzheimer's Support Group
Thursday, **December 1st & 15th**

1:30 - 3:30 pm

@ Good Samaritan Society
3500 Hilyard Street, Eugene

Holiday of Giving

The Levi Company has selected ElderHealth & Living to be a recipient for their **Holiday of Giving** program this year! They have "adopted" two of our residents that don't have a lot of family close by and with EHL's helpful suggestions of gift ideas, those residents will receive presents this holiday season. They will also be giving gifts for each of our memory care homes.

Thank you Levi Strauss & Company for your generosity during this Holiday Season!

Introducing Optum OPTUMCare[®] for our Residents!

We are excited to announce that the Optum Medicare Advantage Program is coming to EHL! **Open enrollment starts on campus 12/1/16.** Optum representative Gina Maraist (p# 503-603-7030) will be onsite every Wednesday to answer questions and assist with enrollment. Optum provides onsite services previously unavailable to our residents. Liz & Dawn will continue to be the Nurse Practitioners providing medical care to your loved ones.

See the enclosed card for additional information.



EMPLOYEE SPOTLIGHT

Amber @ Columbia Center

We are pleased to announce that Amber is our December 2016 Employee of the Month!



Amber was born in San Diego, California and grew up in both Mission Beach, CA and Springfield, OR. She has three wonderful children - two sons and a daughter. She says she is married to her best friend and love of her life, Ryan. Her family also consists of two dogs, Brok (a Boxer) and Jack (a Jack Russell), and a cat named Cosmo!

Amber has been a part of the EHL community since November 2007. She works as the HR Coordinator in the main office. When asked why she likes working at EHL, Amber replied, "We have a great team and wonderful residents. What's not to like about working here!!" Amber is known for always going the extra mile to help our staff and residents.

Amber's Words of Wisdom: "Live life to the fullest and never give up!"

Thank you, Amber, for your hard work, your dedication, and for being a part of our EHL team!



In Remembrance

Gwydotta Herbel

Gwydotta came to EHL in August of 2016. Staff in our Cascade Home shared that, "Gwydotta was a very special soul who will be missed very much. She had a very happy personality. Even though she had a short time at EHL, she made a positive impact on our lives." Gwydotta passed away at the age of 97.

James "Jim" Ellison

Jim came to EHL in September of 2014. Sharon, Resident Coordinator in our Diamond Peak Home, commented that, "Jim had a great laugh and a sense of humor that everyone loved! He also whistled wonderfully. He was a gentle soul. We will miss him and Julie, and the love they shared cannot be replaced." Jim passed away at the age of 81.

Update: Walk to End Alzheimer's

We had so much fun at the Walk to End Alzheimer's this year and we are happy to report that Team EHL & Friends raised over \$5,000 towards the Walk. We were the second highest team for the Eugene Walk. **Thank you to all our family members and staff that helped us reach that amazing goal!**



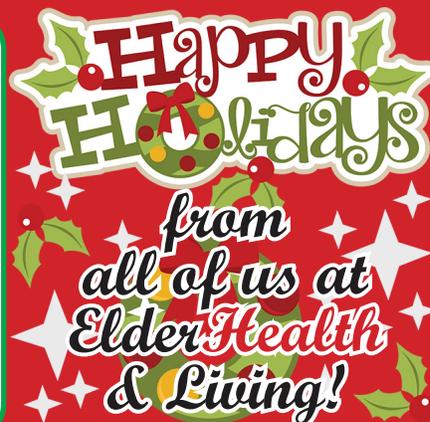
EHL Activity Corner

Tuesday, Dec. 6th @ 2:00 hosted by Birch Home
"Unforgettable" Sing-A-Long

Wednesday, Dec. 14th @ 1:45 hosted by Mt. Hood Home
Sled Craft

Wednesday, Dec. 21st @ 1:45 hosted by Willow Home
Ugly Christmas Sweater Craft

Sunday, Dec. 25th @ noon hosted by All Homes!
Christmas Lunch



ELDERHEALTH
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Memory Loss Solutions*



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