

"We are living our dream." - Ronda, Liz & Nancy

Ronda Perkins Administrator, COO am a person who truly started on the ground floor in the senior care industry. My career includes being a direct caregiver, home manager, administrator, and vice president of operations for a large multi-state senior care company. I understand that having owners who are on the

campus daily provides peace of mind for our families and allows us to empower our staff on a daily basis. I have a blast being the COO of this company.

Liz von Wellsheim, MSN, MA, GNP Medical Director, CEO

I have been passionate in the care of elders since my childhood. I have worked with elders for the past 25 years, in their homes, care centers, hospitals, and medical clinics. I have two Masters degrees from the University of Pennsylvania, one as a Geriatric Nurse Practitioner and the second in Social Gerontology. I have served on national and state boards, all committed to the improvement of care for seniors.



Nancy Koll Nurse, CFO

love being the CFO, it allows me to be part of a caring community where I can integrate financial oversight with best practices. I have more than 25 years of experience in long term care as a nurse, administrator, vice president of operations for large senior care organizations, and owner of an in-home care company.

ElderHealth & Living SERVICES:

- Residential care homes endorsed by the State of Oregon
- Person centered team approach to care
- On-site Geriatric Nurse Practitioners
- On-site nurse 24 hours a day
- Health center
- Memory loss consultations
- Respite care
- Community education
- Support groups
- Payment options: All-inclusive rate (no points or levels) or Medicaid upon availability





MAIN OFFICE 382-B South 58th Street, Springfield, OR 97478 541.747.4858 • Fax 541.747.5322 elderhealthandliving.com



HOME

Dedicated to creating a home for your loved one

HEALTH

Leaders in caring for persons with memory loss

COMMUNITY

Locally owned and operated and committed to investing in our community



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HOME

- Each home integrates security and safety with a sense of freedom.
- Our nine memory care homes are designed for residents to participate in routine home activities, such as: cooking, washing dishes, laundry, cleaning, and 'puttering'.
- Meal times are flexible, with snacks and beverages available anytime.
- We serve local dairy, meats, and organically grown produce whenever possible.
- Outdoor areas have spaces for walking, gardening, and exploring.
- Each employee is a valued team member.
- Each resident becomes part of a warm and caring community.
- Family and friends are always welcome 24/7.
- Each home looks, smells, and feels like home.
- We offer an all male home for when this option is necessary.





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HEALTH

- Person centered team approach to care that puts the resident in the center and includes families and all staff: from the hands on direct caregivers to the administrator.
- Solutions to keep each resident physically healthy and as mentally active as possible.
- Medical visits occur in the resident's home, minimizing transportation expenses and challenges.
- 24 hour awake staff to allow residents to sleep or be awake on their own schedules.

- We support local contractors, landscapers, and vendors.
- Year around fund raising efforts for the Alzheimer's Association.
- We present workshops and educational trainings for families, care partners, and health care professionals.